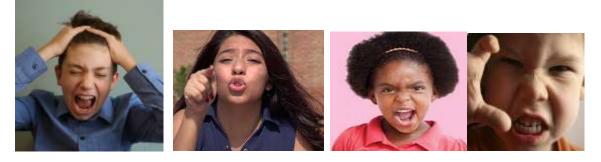


Are you dealing with Child-to-Parent Violence or challenging behaviour? Is your child adopted or under a Special Guardianship Order?



# Join our <u>Online Non-Violent Resistance (NVR) Group 29</u> <u>Via Zoom</u>

# 10 weekly sessions (except school holidays)

## for Adoptive Parents and Special Guardians

of <u>Children and Young People</u> presenting <u>Challenging, Destructive and Violent Behaviour</u>

## Tuesdays from 8.15pm – 9.45pm

Nov 15, 22, 29 2022 Dec 6, 13 2022 Jan 10, 17, 24, 31 2023 Feb 7 2023 (We will be coordinating with the different ½ terms over the country and may adapt the above)

Plus 1 follow-up group session by end March 2023 + 1 initial consultation meeting + 1 end review meeting and report per participant or couple

### Participants will learn to:

- Take a firm stance against violence
- Hold back from physical or verbal violence
- Increase positive presence in your child's life
- De-escalate conflicts
- Break the cycle of shame and silence
- Make changes in relating to your child in the long term
- Reduce distress for parent and child
- Feel more in control
- Recruit and use supporters
- Enjoy the benefits of being part of a group

Feedback from 2 parents from earlier courses

'There has been no advice as valuable as the ideas and delivery of this course, even if some of it seems alien – hang on in there.'

'Exceptionally good, knowledgeable, and experienced course facilitators. Every adoptive family needs these people. Top marks.'

## The facilitators

Joanna Parker is a UKCP registered Integrative Arts Psychotherapist MA, qualified supervisor and trainer. She has worked clinically with both adults and children in a range of settings for the past fifteen years. Joanna was the Young Oasis Lead for a ten-year period, managing a multi-disciplinary team supporting families impacted by drug or alcohol misuse. Joanna joined the Child and family team at PAC-UK in December 2018; she works therapeutically with families integrating the principles of Dyadic Developmental Psychotherapy (DDP) and Theraplay into her practice. Joanna has been involved with NVR groups since joining PAC-UK and has completed her level 2 NVR training for professionals.

Adrian Perks is an adoptive parent and a qualified Integrative Child and Adolescent Counsellor. He is a Practice Manager in PAC-UK's south region. Adrian supports adoptive parents and special guardians through individual and couples counselling sessions, the Enhancing Adoptive Parenting programme (EAP) and with NVR, having completed his level 1 NVR training for professionals. Adrian also works in primary and secondary schools as a counsellor and therapy group facilitator.

Participants have found it invaluable to have Parent Graduate Facilitators with lived experience (been there and got the t-shirt) as an integral part of the NVR team.

Parent Graduate with lived experience of dealing with challenging behavior and implementing NVR

## Booking Information PLACES ARE LIMITED - PLEASE ACT SWIFTLY

Cost: £1794 + VAT per individual; £3416 + VAT per couple Book online: <u>www.pac-uk.org/cpv</u>

### Payment via the Adoption Support Fund (ASF):

#### **Adoptive Parents and Special Guardians**

- Please register your *expression of interest* by emailing <u>cpv@pac-uk.org</u>
- *Please approach your local authority as soon as possible, sending them this flyer*. They must apply for ASF funding. Please include social worker/ support team contact details in your expression of interest email.

### Social workers

- Please register your *expression of interest* for parents to attend by emailing <u>cpv@pac-uk.org</u>
- It is then crucial that you *apply to the ASF as a matter of urgency*. We will send you a *breakdown of costs* to facilitate the ASF application. We will also ask you to complete a *referral form* so we have some information about the family's situation.
- Once you have submitted the application to the ASF please complete the online booking form at www.pac-uk.org/cpv and select 'Invoice' for 'Payment Type' and 'ASF PON to follow' (Purchase Order No) unless already known. This will mean that a place will be held for the parent.

### **Paying Privately**

• Please register your *expression of interest* by emailing <u>cpv@pac-uk.org</u> We will get back to you at the earliest opportunity.

If you have any questions about this online group, please call 020 7284 0555 or email us: <u>cpv@pac-uk.org</u> or Kasia: <u>kasia@pac-uk.org</u>

