



PAC-UK



Are you dealing with Child-to-Parent Violence or challenging behaviour? Is your child adopted or under a Special Guardianship Order?



**Join our Online Non-Violent Resistance (NVR) Group 28
Via Zoom**

10 weekly sessions (except school holidays)

for Adoptive Parents and Special Guardians

**of Children and Young People presenting
Challenging, Destructive and Violent Behaviour**

Thursdays from 12.30pm – 2.00pm

November 3, 10, 17, 24 2022 December 1, 8, 15 2022 January 5, 12, 19 2023

(We will be coordinating with the different ½ terms over the country and may adapt the above)

Plus 1 follow-up group session by end March 2023 + 1 initial consultation meeting + 1 end review meeting and report per participant or couple

Participants will learn to:

- Take a firm stance against violence
- Hold back from physical or verbal violence
- Increase positive presence in your child's life
- De-escalate conflicts
- Break the cycle of shame and silence
- Make changes in relating to your child in the long term
- Reduce distress for parent and child
- Feel more in control
- Recruit and use supporters
- Enjoy the benefits of being part of a group

Feedback from 2 parents from earlier courses

'There has been no advice as valuable as the ideas and delivery of this course, even if some of it seems alien – hang on in there.'

'Exceptionally good, knowledgeable, and experienced course facilitators. Every adoptive family needs these people. Top marks.'

The facilitators

Sue Dromey: NVR-UK Accredited Practitioner has worked in the field of fostering and adoption for over 40 years as an Integrative Child Psychotherapist, drama-therapist, trainer, Guardian ad Litem and social worker. She was Practice Manager with PAC-UK's Child and Family Service for 20 years. Sue has a special interest in therapeutic work, which addresses trauma in both children and their parents and integrating this with the principles of NVR. She was part of the team who has developed the PAC-UK Child to Parent Violence Project under a DfE grant. Sue works with trauma using EMDR (Eye Movement Desensitisation Reprocessing), AIT (Advanced Integrative Therapy) EFT (Emotional Freedom Technique) as well as creative therapies.

Veronique Faure: Child & Family Therapist. Veronique Faure studied and qualified in France as a Social Worker (HCPC Registered), and in the UK as an Integrative Arts Psychotherapist (UKCP Registered). She also obtained a Diploma in Child Psychotherapeutic Skills, and a Diploma in Clinical Supervision and Consultancy. She works privately with adults, children and adolescents, and as part of the Child and Family team at PAC-UK. She has 25+ years of multi-cultural inner-city professional experience, in the field of child protection, children in care and adoption. Amongst other things, she has managed a Residential and Outreach Family Assessment Centre; she has worked as a Court Expert in Family Proceedings, as a Child Protection Conference Chair and as an Independent Reviewing Officer; she also trained Child and Adolescent Psychotherapists for 7 years

Participants have found it invaluable to have Parent Graduate Facilitators with lived experience (been there and got the t-shirt) as an integral part of the NVR team.

Parent Graduate with lived experience of dealing with challenging behavior and implementing NVR

Booking Information **PLACES ARE LIMITED - PLEASE ACT SWIFTLY**

Cost: £1794 + VAT per individual; £3416 + VAT per couple Book online: www.pac-uk.org/cpv

Payment via the Adoption Support Fund (ASF):

Adoptive Parents and Special Guardians

- Please register your *expression of interest* by emailing cpv@pac-uk.org
- *Please approach your local authority as soon as possible, sending them this flyer.* They must apply for ASF funding. Please include social worker/ support team contact details in your expression of interest email.

Social workers

- Please register your *expression of interest* for parents to attend by emailing cpv@pac-uk.org
- It is then crucial that you *apply to the ASF as a matter of urgency.* We will send you a **breakdown of costs** to facilitate the ASF application. We will also ask you to complete a *referral form* so we have some information about the family's situation.
- *Once you have submitted the application* to the ASF please *complete the online booking form* at www.pac-uk.org/cpv and **select 'Invoice'** for 'Payment Type' and **'ASF – PON to follow'** (Purchase Order No) unless already known. This will mean that a place will be held for the parent.

Paying Privately

- Please register your *expression of interest* by emailing cpv@pac-uk.org We will get back to you at the earliest opportunity.

If you have any questions about this online group, please call 020 7284 0555
or email us: cpv@pac-uk.org or Kasia: kasia@pac-uk.org

