



**PAC-UK**



## **Job Description**

- Job Title:** Child and Family Therapist (Sessional)
- Location:** Leeds (some home based working possible)
- Hours:** Sessional
- Rate:** £40 per therapy hour, £20 per hour all other.
- Service:** Child and Family Service Leeds
- Reports to:** Practice Manager, Child and Family Service North

## **Principal Accountabilities:**

1. To be part of PAC-UK's multi-disciplinary team
2. To be an active team member of PAC-UK's Child & Family Service
3. To provide parent consultations
4. To provide family consultations
5. To be involved in comprehensive assessments of families, children and adolescents, siblings, parents
6. To be involved in intensive therapeutic family work
7. To work with parents within intensive therapeutic family work
8. To work with individual children and adolescents within intensive therapeutic family work
9. To liaise with social services departments, educational establishments and other referring/relevant agencies
10. To maintain full and accurate electronic case records of all work with children, families and professionals
11. To independently write assessment and other reports
12. To participate in individual case management supervision, as well as group supervisions with external supervisors
13. To participate in PAC-UK's and Family Action's professional and user training programmes
14. To possibly attend relevant training and study courses outside PAC-UK

15. To facilitate training the occasional training day or workshop on adoption related matters for adoptive parents or professionals
16. To be pro-active in publicising PAC-UK's Child & Family Service
17. To adhere to Family Actions (PAC-UK's) Statement of Purpose, mission and values and work in accordance with all Family Action's and PAC-UK's policies and procedures.
18. To carry out projects or perform other duties, either on PAC-UK's initiative or in response to requests from local authorities/users (e.g. running groups).

### **Other Tasks**

1. To advise on a range of therapeutic parenting interventions and tools
2. To build up knowledge of support services available to families from other organisations, as well as current policy and practice, and impart that information to the families on how best to access these services.
3. To liaise closely with everyone in the Child and Family Team (Leeds) and attend group/individual supervision, sharing knowledge and experience, and updating each other on current issues including educational and therapeutic issues.
4. To meet for supervision on a regular basis and an annual appraisal with the Practice Manager and in their absence the Head of Service
5. To join in sessional worker training as deemed necessary.
6. To comply with Family Action's and PAC-UK's health and safety, equal opportunities, child protection, data protection, confidentiality and other policies.
7. To be responsible for safeguarding and promoting the welfare of children with whom they have contact and for whom they are responsible.
8. To promote equal opportunity and anti-discriminatory practices.
9. To be able to evidence Family Action's values at all times, which underpin Family Action's mission of 'building stronger families' by:
  - a) Being people focused
  - b) Reflecting a 'can do' approach
  - c) Striving for excellence in everything we do
  - d) Having mutual respect for everyone we work with, work for and support through our services
10. To ensure you have an understanding (appropriate to your role) of, and comply with Family Action's procedures for promoting and safeguarding the welfare of children and vulnerable adults.
11. . (*A – Supervisor and above version*)  
To ensure the implementation of Family Action's Diversity & Equality Policy and our Ethical Policy in every aspect of your work and positively promote the principles of these policies amongst colleagues, service users and other members of the community.

*(B – below Supervisor version)*

To comply with Family Action's Diversity & Equality Policy and our Ethical Policy in every aspect of your work and positively promote the principles of these policies amongst colleagues, service users and other members of the community.

12. To comply with Family Action's Health and Safety Policy, Data Protection Policy and to protect your own and others' health, safety and welfare.
13. . To work flexibly as may be required by the needs of the service and carry out any other reasonable duties as required.

## **Person Specification**

### **QUALIFICATIONS/EDUCATION/KNOWLEDGE**

1. A professional qualification in a relevant field e.g. child/adolescent/family or creative arts therapies, psychotherapy, psychology (or social work with a counselling or therapeutic diploma) with 3-year post-qualifying experience in the field of adoption/ permanency, attachment, trauma and loss.

2. Or 5 years relevant experience whilst completing a recognised professional training in child/adolescent/family or creative arts therapies, psychotherapy, psychology or social work with a counselling or therapeutic diploma.

3. Registration with a relevant professional body i.e. UKCP, BACP, BPS, UKCP, HCPC or working towards completion in the near future.

4. Professional knowledge of child and adolescent development.

5. Knowledge or awareness of adoption, attachment and trauma issues.

6. Therapeutic experience with children and adolescents who experienced extensive early life trauma

7. Therapeutic experience with parents/carers who are parenting (or will be parenting) children with experiences of extensive early life trauma

8. Active interest and experience of working with children and families of different racial, ethnic, cultural backgrounds

9. Experience of using creative arts in therapeutic work with children and parents/carers

10. Have attended/completed full certificated/accredited training in specific assessment and therapeutic methods such as NVR, Theraplay, DDP, EMDR, ASI, Story Stem Assessment Profile, Therapeutic Life Story Work.

11. Experience of working with couples

12. Experience of working sensitively with confidential material

13. Interest, experience and commitment to developing new projects

14. Experience of delivering training courses to parents and professionals

### **OTHER QUALITIES**

1. Able to work independently as well as part of a therapeutic team

2. Willingness to work in an innovative and creative way

3. Excellent communication and report writing skills

4. Working proficiency in Microsoft Word

5. Electronic record keeping and data base use

6. Excellent interpersonal skills with ability to relate to internal and external contacts at all levels, and to represent PAC-UK by telephone, in person, and whilst attending PAC-UK or external events.

7. Ability to prioritise/organise a busy and varied workload, meet work deadlines

8. Ability to use Microsoft Power Point, Excel and Access

9. Ability to occasionally work outside of normal working hours

10. A commitment to PAC-UK's mission statement and values.

11. A commitment to working within PAC-UK's and Family Actions anti- discriminatory/Equal Opportunities framework

12. Flexibility to work off-site.

13. Flexibility to occasionally work outside office hours.

14. Able to evidence Family Action's values at all times, which underpin Family Action's mission of 'building stronger families' by:

a. Being people focused

b. Reflecting a 'can do' approach

c. Striving for excellence in everything we do

d. Having mutual respect for everyone we work with, work for and support through our services