



PAC-UK



Non-Violent Resistance (NVR) Awareness Day

A first introduction to NVR principles and methods for adoptive parents and other permanent carers

This four hour workshop will take place at our PAC-UK Leeds Office. If travelling by public transport, the nearest station is Cross Gates (one stop from Leeds Railway Station)

Who should attend?

Adoptive parents and other permanent carers. Support workers can attend with a parent if they feel it is appropriate to.

Benefits of attending

Participants will become familiarised with the underlying principles of NVR, and learn about some of the core methods which help build 'new authority' in the family and re-connect parent and child.*

Price (excluding VAT)

**PAC-UK Subscribing LA's
& Self Paying Carers:**

*Individuals £81.00
Couples £152.50*

**PAC-UK Non-Subscribing
LA's:**

*Individuals £93.50
Couples £174.50*

Date

Tuesday 30th November 2021
10.00am to 2.00pm

Lunch and refreshments will be provided on the day.

Venue

PAC-UK Leeds Office
Hollyshaw House,
2 Hollyshaw Lane
Leeds, LS15 7BD

Book

www.pac-uk.org/cpv

Topics covered

- ✓ Building parental presence, when consequences or rewards have not been working: actual physical presence, embodied & systemic presence.
- ✓ Exploring non-violent methods which use and build parental presence, such as the announcement, campaign of concern and sit in.
- ✓ When parents can't see the wood for all the trees: the art of prioritising which problems to tackle.
- ✓ From shame to support and re-connection between parent and child: understanding and using reconciliation gestures to restore and relationships and address the unmet needs of the child.
- ✓ From shame to repair and belonging: challenging and supporting children and young people to make reparation to others, so they can once again find their place in the family and community.

Feedback received from similar workshops

'There has been no advice as valuable as the ideas and delivery of this course, even if some of it feels alien – hang on in there.'

'Exceptionally good, knowledgeable and experienced course facilitators. Every adoptive family needs these people. Top marks.'

* This awareness day cannot replace ongoing, in depth coaching/systemic therapy based on NVR. Participants who would like to receive qualified ongoing support should discuss with their child's social worker, and visit www.pac-uk.org/cpv for our full programme.

If you have any questions about this workshop please contact our PAC-UK Leeds Office
phone 0113 264 6837 | email candfnorth.referrals@pac-uk.org | website www.pac-uk.org/cpv

The facilitators

Charlene Campbell, PTUK Play Therapist – Charlene is a PTUK qualified Play Therapist and has a professional registration with BACP. Charlene has worked with children and young people for 20 years. Some of this time was spent helping primary aged children break down barriers to learning within an educational context.

This consisted of delivering sessions to groups of young people to help tackle difficulties such as self-esteem, confidence, bullying and friendship. She has spent a number of years working with Looked After Children who display extremely challenging behaviour and experience social, emotional and behavioural difficulties. Charlene

currently works as a play therapist, supporting children/young people improve their mental health and wellbeing and also supports families and schools who need advice about difficulties experienced by their pupils. Charlene delivers NVR to groups and to individual parents, and is a Certified Theraplay© Practitioner trained in Dyadic Developmental Psychotherapy.

Tanya Killick, Adoptees Project Worker & Child and Family Therapist – Tanya is a qualified Social Worker who has been working at PAC-UK since 2014. Tanya has several roles within PAC-UK, which include supporting adoptive families through PAC-UK's Child to Parent Violence (CPV) Programme, co-facilitating PAC-UK CPV Parent Groups, and delivering

PAC-UK's CPV Programme to individual families. Tanya co-leads Adoptees (formerly AT-iD Project), an innovative pilot project designed and led by teenage adoptees, aimed at building friendships and giving teens a space to be themselves. Tanya is passionate about enabling adoptees to have a voice on the issues that matter to them, to improve

understanding and the way we work to support people affected by adoption. Tanya also works in PAC-UK's Adult Services team offering emotional and letterbox support to first family members and works on Tanya has completed training in Dyadic Developmental Psychotherapy (DDP) (Level One) and enjoys the non-judgmental use of PACE when working with people affected by trauma.