

Equality at PAC-UK

PAC-UK is committed to providing services which are fair and equal for all. It has an ethnically and culturally diverse staff and believes in the unique value and right to respect of each individual.

PAC-UK is committed to working with clients from the LGBTQIA+ community. Our premises in Leeds, Liverpool and London are wheelchair accessible.

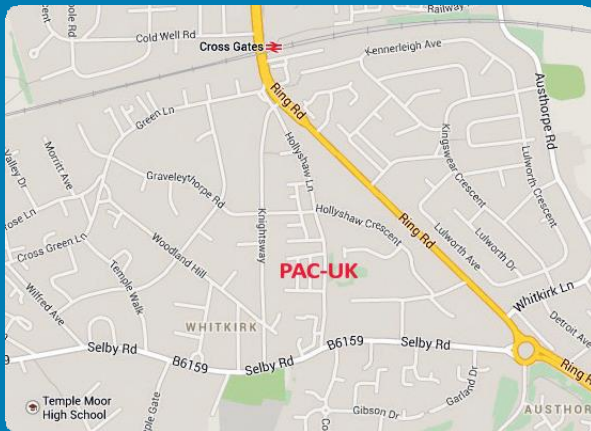
Your first contact point

Advice Line

tel. 0113 230 2100 email. advice@pac-uk.org

Monday, Thursday & Friday 10.00am – 1.00pm
Tuesday & Wednesday 4.00pm – 7.00pm

If you are travelling to our PAC-UK Leeds office via public transport, the nearest station is Cross Gates Railway Station, which is one stop from Leeds Railway Station.



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Registered Office: Family Action Head Office, 34 Wharf Road, London, N1 7GR

Family Action registered charity No. 264713

Registered in England and Wales No. 01068186

PAC-UK Ofsted Reg. No. SC066981



child & family service



specialist therapeutic support for children and families brought together by

adoption long term foster care special guardianship

other forms of permanent placement



PAC-UK
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Hollyshaw House
2 Hollyshaw Lane
Leeds, LS15 7BD

tel 0113 264 6837

advice 0113 230 2100

email advice@pac-uk.org

web www.pac-uk.org

twitter.com/PACUKadoption

find us on Facebook

families we work with

the children can present as

- impulsive
- uncooperative, defiant
- seemingly unable to learn from mistakes
- emotionally flat, 'unfeeling' or highly reactive
- struggling to make and keep friends
- too familiar with strangers
- confused about their identity
- causing significant concern in school
- troubled by their past, their adoption/ other placements
- wondering about contact with their birth relatives

prior to joining their current family, they may have experienced

- multiple placements
- painful separation from birth parents and other carers
- abuse and neglect in their first year/s (developmental trauma)
- other traumas, incl. pre-birth traumas

their parents/carers may

- have tried many different ways to help their child
- have run out of understanding and energy
- feel isolated, frustrated, disheartened
- have run into communication difficulties with each other (in two-parent families), with their child's school, other professionals



we aim to

- help parents, carers and teachers to understand their children
- support parents with their own feelings and thoughts about their child
- equip parents and carers with effective parenting strategies
- help the child understand their adoption/permanent placement
- support the child in working through their early traumas and the effects of these
- address issues of ethnicity and identity in the family
- equip teachers with effective classroom strategies
- prevent family breakdown



services we offer

initial consultation sessions and more in-depth assessments

- one-off parent/couple consultation
- comprehensive family assessment
- parent-child interaction assessment (Theraplay® based)
- comprehensive parent assessment
- assessment of contact needs and communication agreements with birth family members

therapeutic interventions

- intensive therapeutic family work for children with early life traumas
- intensive therapeutic parent work
- early intervention and home parenting programme
- individual sessions in the context of therapeutic family or parent work
- contact work between adoptive/permanent placement family and birth family
- disruption support work

Our therapeutic approaches include: Theraplay® informed practice, therapeutic life story work, creative therapies, play therapy, psychotherapy, EMDR, NVR, and DDP based interventions, and combinations of above.

advice and training for schools

- consultation and training for parents and education professionals who support adopted/permanently placed children in school

groups

- NVR (Non-Violent Resistance) groups: for parents and carers whose children present with aggression
- Adopteens group: for adopted young people aged 11-18 who live in Yorkshire and the Humber

professional consultation

- for any professionals involved with our client group

bespoke services

We are happy to receive requests for bespoke assessments, interventions and training tailored to the specific needs of RAAs, local authorities, schools, and other professional agencies.

funding

Services can be commissioned by RAAs and local authorities who may access the Adoption Support Fund, Pupil Premium or CCG. Private and other funding is welcome too.

our teams are

- professional
- multi-disciplinary
- multicultural
- experienced in working with diversity

