



Training event for social workers and other professionals



Therapeutic Life Story Work with primary-school-aged child

Who should attend

Social Workers and other professionals who work with adoptive families, and special guardian families, whose children are 4 – 11 yrs old

Trainer

Sophia Condaris is a Health and Care Professions Council (HCPC) registered Drama Therapist and a United Kingdom Council for Psychotherapy (UKCP) registered Integrative Arts Psychotherapist. She has worked in many clinical settings including psychiatric hospitals, day centres, secure units, prisons, residential homes, therapeutic communities and schools.

Sophia is the course leader for the Master's programme in drama therapy at Anglia Ruskin University. She has extensive experience in working with families whose children are adopted or fostered, or otherwise permanently placed, and has a thorough understanding of the issues that affect both the children and the parents. Sophia has specialised in working therapeutically with individual children together with their parent/s.

Addressing a child's Life Story is essential for children whose young lives included separations from their birth parents, new parents/carers, different homes, as well as some other adverse or even traumatic early life events. Processing these experiences helps a child to develop a coherent and accurate story of their lives, and the lives of people closest to them; this in turn is key for their understanding and acceptance of who they are, as well as moving forward from their past experiences.

As a social worker/other professional, how can you address a child's Life Story in a therapeutic manner? Should you involve the adoptive parents/the special guardians? When and how much information do you share? In what manner can you talk to a 4 – 11 year old children? And what to do with the emotions that may be triggered for the child and their parent/carer?

Sophia will explore these questions with you during this half day training. She will include a demonstration of creative means such as art, drama, adoption story books that may help a child to express some of their more difficult thoughts and feelings, whilst also building on their resilience and their relationship with their parent or carer.

VIA  zoom

Date

Wednesday
3 March 2021
10.00am – 1.00pm

Fees

PAC-UK subscribing local authorities:

Professionals £98 plus VAT
(£117.60 incl.VAT)

PAC-UK non-subscribing local authorities:

Professionals £116 plus VAT
(£139.20 incl.VAT)

Benefits of attending:

By the end of this training you will have:

- increased understanding of how a child's developmental age affects the processing of their life story
- received ideas with regard to involving the adoptive parents/ the special guardians
- gained ideas regarding 'when' and 'how much' to tell
- 4 – 11 year old children about their life story
- received ideas around the practical, non-verbal ways of talking to a child about their Life story
- explored how to manage the feelings that can emerge both in the child and in the parent/the carer when addressing the child's life story

Enrol www.pac-uk.org/training **Contact** training@pac-uk.org **Web** www.pac-uk.org **Tel** 020 7284 5872

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