



2021 National Online Conference with Bryan Post, Denise Golding and Zach Gomm



Beyond Trauma Informed – Strategies to create healing environments

Who should attend

Adoptive parents and other permanent carers

Social workers and other professionals working in adoption and permanency

Speakers

Bryan Post, an adopted and former foster child, is one of America's foremost child behaviour and adoption experts, and founder of www.PostInstitute.com. He is host of Post's 'Daily Dose', an original Facebook live show on five days a week at 6:30pm on [facebook.com/postinstitute](https://www.facebook.com/postinstitute). You can receive a free copy of his best-selling adoption-parenting book 'From Fear to Love' by going to <https://www.feartolovebook.com>

Denise Golding and Zach Gomm



are certified instructors in Bryan Post's 'Great Behaviour Breakdown' (GBB); they teach this Relational Parenting

model throughout the UK and Ireland to parents and professionals. Denise has 30+ years' experience as a senior social work practitioner, counsellor and supervisor, including 20+ years in adoption (in Statutory as well as Independent and Voluntary Agencies). Denise also trained in in DDP, Theraplay®, Mindfulness and a number of other therapeutic approaches. Zach is an experienced foster carer and adoptive parent, so has extensive experience of everyday parenting and in particular advocates the successful use of the GBB! Zach has also trained in Theraplay®, DDP and Mindfulness. Both Denise and Zach offer follow-on online and face-face therapeutic parenting support to parents who have attended their training.

The term 'trauma informed' is compelling in today's environments that serve children, but is it enough?

In his presentation, **Bryan** goes beyond trauma informed and shares how we **must become 'trauma responsive'** as well as trauma informed. A trauma responsive environment - the core of Bryan's pioneering approach to parenting traumatised children published in the **'Great Behaviour Breakdown'** - looks and feels different, and that makes all of the difference!

After this presentation, **you will think afresh about how to actively respond to your child, or the families you are supporting** as a professional.

Denise and Zach will introduce their work on the Great Behaviour Breakdown (GBB) parenting model in the UK and Ireland, as well as their exciting new "Training the Trainers" GBB programme. They will present a **'love-based', tried and tested toolbox of techniques** for relationship-based parenting that works with children presenting a range of challenging behaviours – too good to be true? Denise and Zach will **consider the application of these tools when parenting children affected by Trauma, Attachment Disruption, ASD, ADHD and other mental health difficulties.**

VIA  zoom

Dates

Friday, 5 March 2021
10.30 am to 2.00 pm

Denise Golding and Zach Gomm

The "Great Behaviour Breakdown" (GBB) Parenting Model in the UK

Friday, 12 March 2021
10.30 am to 2.00 pm

Bryan Post

Beyond Trauma Informed: Core Trauma Responsive strategies of the GBB

Fees

PAC-UK subscribing local authorities:

Individuals and all self-paying parents/carers:

£106 plus VAT (£127.20 in total)

Couples: £181 plus VAT (£217.20 in total)

Professionals: £169 plus VAT (£202.80 in total)

PAC-UK non-subscribing local authorities:

Individuals: £115 plus VAT (£138 in total)

Couples: £206 plus VAT (£247.20 in total)

Professionals: £197 plus VAT (£236.40 in total)

Benefits of attending:

- Learn how early life experiences shape your child's emotions and behaviours.
- Discover the single biggest cause to all severe behaviours.
- Understand the impact of trauma on the brain and relationships.
- Explore the three pathways of communication that when suppressed cause bigger issues.
- Learn specific strategies for dealing with lying, stealing, defiance and more.
- Implement a three step technique that will lessen defiance and improve family relationships in 7 days or less.
- Discover how to restore healing in your family by following this one daily practice.

Enrol www.pac-uk.org/training **Contact** training@pac-uk.org **Web** www.pac-uk.org **Tel** 020 7284 5872

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