



PAC-UK



Half-day Online Training for Social Workers and other Professionals

Introduction to Non-Violent Resistance (NVR) Parenting Approach

Thursday 28 January 2021: 10.00 – 1 pm

Child-to-Parent Violence is now recognised as a real risk factor in foster families, adoptive families and other permanent placements. **NVR** is a parenting approach based on the political position of great figures who took it upon themselves to bring about much needed change, without getting caught up in the conflict, nor allowing themselves to be dis-empowered.

Many children and young people coming from a background of complex trauma present with challenging, destructive and violent behaviours.

Benefits of attending

- Gain a good understanding of what NVR can offer parents so that you might sign post parents/carers to a future NVR parent group or individual NVR sessions
- Gain insight into of the principles of NVR so that you might better support parents who have questions about NVR, or who have attended an NVR parent group
- Become familiar with some of the practical NVR strategies, including 'de-escalating' and managing violent/aggressive behaviours, 'prioritizing' and involving family 'supporters'.

Fees: For Professionals in PAC-UK subscribing local authorities: £98+VAT (£117.60 incl. VAT)

For Professionals in non-subscribing local authorities: £116 + VAT (£139.20 incl. VAT)

The facilitators

Sue Dromey NVR-UK Practitioner has worked in the field of fostering and adoption for over 35 years as an Integrative Child Psychotherapist, drama-therapist, trainer, GAL and social worker. She has been the Practice Manager for PAC-UK's Child and Family Service for 19 years and was part of the team that developed PAC-UK's NVR service in response to Child to Parent Violence. Sue works with trauma using EMDR (AIT (Advanced Integrative Therapy) EFT (Emotional Freedom Technique) as well as creative therapies.

Jeanine Heisman is a registered Art Psychotherapist, NVR-UK accredited group practitioner and has run groups for parents/carers and trained professionals in a number of settings for 6 years. Jeanine has supported parents and guardians looking after children and young adults with complex needs, including those who experienced criminal and sexual exploitation in the community Jeanine has worked with children in residential care, foster care and school settings. Jeanine is passionate about using NVR to create a network of concerned adults for safeguarding children and young people and promoting positive relationships at all stages of life.