



Public seminar



Introduction to Theraplay®

Who should attend

Social workers and other professionals working in adoption and permanency

Adoptive parents and other permanent carers

Trainer

Helen Maund is a certified Theraplay® Practitioner, Trainer and Supervisor, as well as a HCPC registered Social Worker and Trainee DDP Practitioner. Helen has been using Theraplay since 2007. She has worked with children and parents in biological, adoptive, foster and kinship families struggling with a range of issues (such as sensory issues, hyperactivity and hyper-vigilance, controlling behaviours, aggression and violence, overly compliant, withdrawn and dissociative responses, as well as autistic spectrum behaviours). Helen has witnessed Theraplay® making a significant difference in challenged families.

Theraplay® is a short-term, playful, engaging treatment that focuses on parent-child relationships and can help adoptive/foster children form secure attachments. This one-day workshop introduces the key elements of Theraplay. The focus will be on practical strategies that can be taken away and used by parents in the home, and by professionals in their practice. A qualified Theraplay trainer will be on hand to work with you.

This day is designed for anyone who would like to know more about Theraplay, including those who make referrals and professionals considering adding Theraplay to their practice. This may include adoptive parents and foster carers, psychologists and psychiatrists, social workers, counsellors, family therapists, play therapists, teachers, occupational therapists, speech and language therapists, adoption/post-adoption counsellors and medical professionals.

Date

Friday 6 November 2020
10.00am – 4.30pm
Tea, coffee and biscuits will be provided

Venue

Resource for London,
356 Holloway Road,
London N7 6PA

Fees

PAC-UK subscribing local authorities/all self paying carers:

Individual carers:
£88 (£105.60 incl.VAT);
Couples: £167 (£200.40 incl.VAT);
Professionals: £154 (£184 incl.VAT)

PAC-UK non-subscribing local authorities:

Individual carers: £102
(£122.40 incl.VAT);
Couples: £190 (£228 incl.VAT);
Professionals: £182 (£218.40 incl.VAT)

Benefits of attending:

- Explore the effects of trauma and the role of play in building attachment
- Observe video examples of Theraplay treatment
- Learn lots of playful interactions to use at home or in your practice
- Have lots of fun!

Enrol www.pac-uk.org/training **Contact** training@pac-uk.org **Web** www.pac-uk.org **Tel** 020 7284 5872

PAC-UK, Family Action Head Office, Unit 3 Wharf Studios, 34 Wharf Road, London N1 7GR