

# Training for Education Providers



## Supporting children with histories of trauma and loss

*Including adopted and permanently placed children*

**PAC-UK**



**THE AGENCY FOR  
ADOPTION &  
PERMANENCY  
SUPPORT**

The Department for Education is increasingly recognising the long term impact of trauma and loss for children who live in adoptive or special guardianship families. Adopted and permanently placed children may experience a range of difficulties at school, including problems coping with change and transition, relationship difficulties with adults and other children, and difficulties managing their emotions and behaviours. All of this can have an impact on their learning and emotional wellbeing. PAC-UK has a specialist Education Service dedicated to supporting adopted and permanently placed children in schools.

**1.5 hours:** Information and strategy sharing with opportunity for discussion  
**£300 + travel expenses + VAT**

**2 hours:** Information and strategy sharing with further opportunity for discussion and activities  
**£350 + travel expenses + VAT**

**3 hours:** Information sharing plus a range of activities and discussions including a whole-school review and plan for attachment-friendly practice  
**£450 + travel expenses + VAT**

**The package below is recommended following one of the above training packages:**

**2.5 hours:** 1.5 hour focused consultation with a group of key staff and 1 hour review 6-8 weeks later – this focuses on the specific needs of an individual pupil\*, or to create a whole-school action plan  
**£450 + travel expenses + VAT**

*\*When you book a consultation package, we will send you a consent form to be filled out by the parents/guardians. It is the school's responsibility to obtain consent.*

## **Trainer:**

PAC-UK's Education Advisers draw from a range of expertise including education, developmental psychology, psychotherapy and neuroscience. We deliver specialist training and consultations to education and social care professionals, adoptive parents and special guardians.

To book a session, complete our online booking form at [www.pac-uk.org/education](http://www.pac-uk.org/education) and for further enquiries, please call 0113 264 6837 or email [education@pac-uk.org](mailto:education@pac-uk.org)

## Who should attend:

Senior leadership, Governors, SENCO/INCOs, teachers and support staff including teaching assistants.

Our highly regarded training covers:

### Understanding the effects of early trauma, loss and attachment difficulties:

- The importance of children's first relationships and experiences, and how these shape their attachment patterns
- The impact of trauma, loss, abuse and neglect on children's developing brains
- The behaviors and other difficulties which children may present with at school as a result of their early experiences

### Evidence-informed practical strategies to support and include children:

- Practical ways to provide nurture and structure for children
- The key role of key workers in building relationships through empathy, trust and holding children in mind
- Providing emotional containment and teaching self-regulation
- Working with peers, social skills and play
- Supporting children through transitions and changes

*I was delighted with the training. I found the content incredibly useful and interesting, and I left feeling inspired and motivated. I have given the content a lot of thought since yesterday and have started to change my way of thinking already.*

*Inclusion Leader of an Essex Primary School*

## Education services:

As well as our training packages, PAC-UK's Education Service offer a range of other services including: Child-Focused Consultations, therapeutic work including staff reflective practice sessions, and intensive case work.

We provide a weekly [Education Advice Line](#) which you can call on 0207 284 5879 for parents and carers, school staff and professionals (open every Wednesday morning from 10am-12noon excl. schools holidays). You can also send an email to [education@pac-uk.org](mailto:education@pac-uk.org)

Our publication '[A Good Practice Guide for Schools Understanding and Meeting the Needs of Children who are Looked After, Fostered, Adopted or otherwise Permanently Placed](#)' complements all our work and can be purchased via the PAC-UK website.

Please visit [www.pac-uk.org/education](http://www.pac-uk.org/education) for more information.