



PAC-UK



WORKING WITH

adoption counts



Child to Parent Violence (CPV) Parent Group

Weekly NVR group sessions for adoptive parents of children and young people presenting challenging, destructive and violent behavior

Participants and their families can also attend follow-up support groups and workshops

For Adoption Counts adoptive families

Parents will be taught Non Violent Resistance (NVR) to help empower, build communication skills, self-care support and reduce violence.

In addition to the 10 weekly NVR group sessions, each participant can attend 2 follow-up Support Groups, a Shame workshop and participant's families can attend a Related by Adoption workshop.

Venue

Beesley Community Centre
Greenleach Lane
Manchester
M28 2QW

Price (excluding VAT)

£2,154.56 per attendee

Referrals & Bookings

Phone 0113 264 6837
or email jo@pac-uk.org

Dates for the workshops

NVR Group Sessions
Fridays (11.30 am – 1.30pm)

January 24 & 31

February 7, 14 & 21

March 6, 13, 20 & 27

April 3

Follow-up Support Groups

May 1, June 12

Shame Workshop

January 17 (11.30am – 3.00pm)

Related by Adoption workshop

April 24 (11.30am – 3.30pm)

Participants will learn to:

- Take a firm stance against violence
- Hold back from physical or verbal violence
- Increase positive presence in your child's life
- De-escalate conflicts
- Break the cycle of shame and silence
- Make changes in relating to your child in the long term
- Reduce distress for parent and child
- Feel more in control
- Recruit and use supporters
- Enjoy the benefits of being part of a group

Feedback received from our CPV Parent Groups:

'There has been no advice as valuable as the ideas and delivery of this course, even if some of it feels alien – hang on in there.'

'Exceptionally good, knowledgeable and experienced course facilitators. Every adoptive family needs these people. Top marks.'

If you have any questions about this group please contact Jo Mitchell, Regional Manager (North) office 0113 264 6837 | mobile 07962 125 218 | email jo@pac-uk.org

The facilitators

Tanya Killick Adopteens Project Worker and Child & Family Worker – Tanya Killick is the Adopteens (formerly AT-iD) project lead, running an innovative pilot project designed and led by teenage adoptees, aimed at building friendships and giving teens a space to be

themselves. Tanya is passionate about enabling teenage adoptees to have a voice on the issues that to them, to improve understanding and the way we work and support people affected by adoption. Tanya is also a qualified social worker with a keen interest in therapeutic work

and is trained in Developmental Dyadic Psychotherapy (level one), Non Violent Resistance (level one), Enhancing Adoptive Parenting and therapeutic Lifestory Work. In addition Tanya sits as an independent member of an adoption panel for Barnados.

Sarah Huntington is a Child and Family Therapist – Sarah is a BSc in Psychology and is registered as a graduate member with BPS. Sarah has been working with children and families on home-based play focused programmes for children with autism since 1998. She has worked extensively

with looked after children for 10 years in various settings and has a special interest in Life Story Work exploring issues around identity and attachment. Sarah has spent time with care leavers researching the importance of Life Story Work and wants to fill the gap in accessing good training and

resources to aid those working with children in this area. Sarah delivers direct Life Story Work with children – she also holds a post 14 teaching qualification and delivers training courses she has written on Life Story Work within organisations such as Social Services.

Parent Consultants & Parent Graduates – The groups are facilitated by PAC-UK Child & Family Therapists who are experienced in working with adoptive families and hold a variety of skills including training in NVR. Parent Consultants or Parent Graduates co-facilitate the groups.

They themselves are all adoptive parents and are trained in NVR as well as in other relevant skills.