



2020 National Conference with Bryan Post



Beyond Trauma Informed – Strategies to create healing environments

Who should attend

Adoptive parents and other permanent carers

Social workers and other professionals working in adoption and permanency

Speakers

Bryan Post, an adopted and former foster child, is one of America's foremost child behaviour and adoption experts, and founder of www.PostInstitute.com. He is host of Post's Daily Dose, an original facebook live show on five days a week at 6:30pm on [facebook.com/postinstitute](https://www.facebook.com/postinstitute). You can receive a free copy of his best-selling adoption parenting book *From Fear to Love* by going to <https://www.feartolovebook.com>



Denise Golding and Zach Gomm (www.Livelifelandlovehealing.co.uk) teach the

"Great Behaviour Breakdown" (GBB) Parenting Model throughout the UK to parents and professionals. The GBB model provides a practical 'love-based' toolbox of techniques with

effective, relationship-based parenting strategies for adopters, foster-carers, special guardians and birth parents who are caring for children with a range of challenging behaviours, stemming from Trauma, Attachment Disruption, ASD, ADHD and other mental health difficulties.

The term 'trauma informed' is compelling in today's environments that serve children, but is it enough? In his presentation Bryan goes beyond trauma informed and shares how we must become trauma responsive as well as trauma informed. A trauma responsive environment looks and feels differently and that makes all of the difference! After this presentation you will think afresh about how to actively respond to your child or the families you are supporting as a professional.

After lunch (2-2.30pm) Denise and Zach will introduce their work on the Great Behaviour Breakdown (GBB) parenting model in the UK and their exciting new "Training the Trainers" GBB programme.

Date

Friday, 12 June 2020
10 am to 4.30 pm
Lunch and refreshments will be provided

Venue

The Saffron Centre,
256 Moseley Road,
Birmingham B12 0BS
Free parking available on site
10 minutes by cab from
Birmingham New Street Station

Fees

PAC-UK subscribing local authorities:

Individuals and all self-paying parents/carers: £116 plus VAT (£139.20 in total)
Couples: £191 plus VAT (£229.20 in total)
Professionals: £179 plus VAT (£214.80 in total)

PAC-UK non-subscribing local authorities:

Individuals: £125 plus VAT (£150 in total)
Couples: £216 plus VAT (£259.20 in total)
Professionals: £207 plus VAT (£248.40 in total)

Benefits of attending:

- Learn how early life experiences shape your child's emotions and behaviours.
- Discover the single biggest cause to all severe behaviours.
- Understand the impact of trauma on the brain and relationships.
- Explore the three pathways of communication that when suppressed cause bigger issues.
- Learn specific strategies for dealing with lying, stealing, defiance and more.
- Implement a three step technique that will lessen defiance and improve family relationships in 7 days or less.
- Discover how to restore healing in your family by following this one daily practice.

Enrol www.pac-uk.org/training **Contact** training@pac-uk.org **Web** www.pac-uk.org **Tel** 020 7284 5872

PAC-UK, Family Action Head Office, Unit 3 Wharf Studios, 34 Wharf Road, London N1 7GR