

## JOB DESCRIPTION

**Job title:** Child & Family Integrative Arts Therapist / Psychotherapist / Psychologist

**Service:** PAC-UK Child & Family Service

**Salary:** Grade 3 Point 24 – 28

**Hours:** 7.4 – 22.2 hours per week

**Location:** London

**Responsible to:** Head of Child and Family Service, London



**PAC-UK**



### **Key tasks and responsibilities:**

1. To provide initial parent and family consultations.
2. To be involved in comprehensive assessments of families (children and adolescents, siblings, parents), including report writing.
3. To be involved in intensive therapeutic family work (5 months plus per family):
  - i. To work with parents on their therapeutic parenting
  - ii. To work with individual children and adolescents mostly in a dyadic manner, i.e. together with the adoptive parents/other long term carers, and using Theraplay®, Creative Arts, Therapeutic Life Story Work, Dyadic Developmental Psychotherapy, Trauma Integration Techniques (such as EMDR)
4. To liaise with social services departments, educational establishments and other referring/relevant agencies.
5. To maintain full and accurate electronic case records of all work with children, families and professionals.
6. To participate in individual case management supervision, as well as group supervisions with external supervisors.
7. To attend (a limited number) of PAC-UK's training and/or peer support opportunities.
8. To be proactive in publicising PAC-UK's Child & Family Service.
9. To adhere to Family Action's Policies and procedures, mission and values.

10. To be able to evidence Family Action's values at all times, which underpin Family Action's mission of 'building stronger families' by:
  - a. Being people focused
  - b. Reflecting a 'can do' approach
  - c. Striving for excellence in everything we do
  - d. Having mutual respect for everyone we work with, work for and support through our services
  
11. To ensure you have an understanding (appropriate to your role) of, and comply with Family Action's procedures for promoting and safeguarding the welfare of children and vulnerable adults.
  
12. To ensure the implementation of Family Action's Diversity & Equality Policy and our Ethical Policy in every aspect of your work and positively promote the principles of these policies amongst colleagues, service users and other members of the community.
  
13. To comply with Family Action's Health and Safety Policy, Data Protection Policy and to protect your own and others' health, safety and welfare.
  
14. To work flexibly as may be required by the needs of the service and carry out any other reasonable duties as required.



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## **Person Specification**

### **1. QUALIFICATIONS / EDUCATION / KNOWLEDGE**

- 1.1. A professional qualification in a relevant field e.g. child/adolescent/family or creative arts therapies, psychotherapy, psychology (or social work with a counselling or therapeutic diploma) with 3-year post-qualifying experience in the field of adoption/permanency, attachment, trauma and loss.
- 1.2. Or 5 years relevant experience whilst completing a recognised professional training in child/adolescent/family or creative arts therapies, psychotherapy, psychology or social work with a counselling or therapeutic diploma.
- 1.3. Registration with a relevant professional body i.e. UKCP, BACP, BPS, UKCP, HCPC or working towards completion in the near future.
- 1.4. Professional knowledge of child and adolescent development.
- 1.5. Evidence of CPD with regard to adoption, attachment and trauma issues and intervention.
- 1.6. Training in some specific assessment and therapeutic methods such as Story Stem Assessment Profile, MIM assessment, ASI, DDP, Theraplay®, EMDR, NVR, other.

### **2. EXPERIENCE**

- 2.1. Therapeutic experience with children and adolescents who experienced extensive early life trauma.
- 2.2. Therapeutic experience with parents/carers who are parenting (or will be parenting) children with experiences of extensive early life trauma.
- 2.3. Active interest or experience in working in dyadic manner with children and their parents/long term carers.
- 2.4. Experience of using creative arts in therapeutic work with children and parents/carers.
- 2.5. Experience in the use of some specific assessment and therapeutic methods such as Story Stem Assessment Profile, MIM assessment, ASI, Theraplay®, DDP, EMDR, NVR, other.

### **3. OTHER ABILITIES**

- 3.1. Able to work independently as well as part of a therapeutic team.

- 3.2 Excellent written communication and report writing skills, as well as electronic record keeping and use of data base.
- 3.3 Excellent interpersonal skills with ability to relate to internal and external contacts at all levels, and to represent Family Action by telephone, in writing and in person at all times.
- 3.4 Ability to prioritise/organise a busy and varied workload and meet work deadlines.
- 3.5 Willingness to occasionally travel in London and South East England.
- 3.6 At all times evidence Family Action's Values which underpin Family Action's mission of 'building stronger families' by:
  - i. Being people focused
  - ii. Reflecting a 'can do' approach
  - iii. Striving for excellence in everything we do
  - iv. Having mutual respect for everyone we work with, work for and support through our services