



## Public seminar



**PAC-UK**



# The Drama Triangle

## Who should attend

Social workers and other professionals working in adoption and permanency. Parents and other permanent carers

## Trainer

**Renée Marks** has been a child therapist for the past 37 years. Initially working with children who displayed emotional and behavioural problems in their families and/or school. In 1994 Renée started to work with traumatised children and very quickly found herself in need of more information. The journey to understand the impact that trauma has on the brain of the child, has been an exciting 18 year journey. Presently Renée is the clinical lead at Integrate Families, National Centre for Child Trauma and Dissociation in England. Renée specialises in children with complex trauma and dissociation, living in adoptive and foster families. She provides therapy to children and families on a weekly basis as well as consultation and supervision to therapists. Renée is also an international trainer on attachment, trauma, emotional regulation and dissociation in children and adolescents.

This training will explore the Drama Triangle, which is a type of interaction taking place in many families, that causes extreme discomfort for some of the family members. Often it can also be very uncomfortable for other members of the family; this being due to children in foster care and/or adoption, who mostly have some unprocessed trauma and thus, are much more likely to inadvertently elicit the drama triangle in families.

This causes significant conflict between parents, as well as parent and child. The frustration is that most of the times families are unable to change this pattern when they are attending regular therapy. This training will explore these conflict areas and provide practical help to change this in order to experience more comfortable relationships in the family.

Renée will explain the drama triangle and explore how it presents itself in most family systems where a child in care or adopted children live. Renée will provide practical strategies to deal with high levels of conflict and discomfort in relationships in order to stop the drama triangle.

This training will be illustrated by clinical cases, practical exercises and visual aids.

## Dates

### London

Thursday 12 March 2020

10.00am – 4.30pm

Lunch and refreshments will be served

### Birmingham

Tuesday 21 May 2020

10.00am – 4.30pm

Lunch and refreshments will be served

## Venues

### London

Resource for London,  
356 Holloway Road,  
London N7 6PA

### Birmingham

BVSC Birmingham Voluntary  
Service Centre,  
136 Digbeth,  
Birmingham B5 6DR

## Fees

### PAC-UK Subscribing Local Authorities/Self paying carers:

Individuals carers:  
£88 (£105.60 incl VAT);

Couples:  
£167 (£200.40 incl VAT);

Professionals:  
£154 (£184.80 incl VAT)

### PAC-UK Non-Subscribing Local Authorities:

Individuals carers:  
£102 (£122.40 incl VAT);

Couples:  
£190 (£228 incl VAT);

Professionals:  
£182 (£218.40 incl VAT)

## Benefits of attending:

- Identify the drama triangle in their family system
- Identify the role of the child and how the child might subconsciously set these problems up
- Identify their own role in this system
- Empower participants to change the drama triangle in their families in order to enhance the quality of all the relationships in their families

**Enrol** [www.pac-uk.org/training](http://www.pac-uk.org/training) **Contact** [training@pac-uk.org](mailto:training@pac-uk.org) **Web** [www.pac-uk.org](http://www.pac-uk.org) **Tel** 020 7284 5872

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