



PAC-UK



CHILD TO PARENT VIOLENCE



Non Violent Resistance – NVR **10 Weekly Group Sessions for**

Special Guardians

**of Children and Young People presenting
Challenging, Destructive and Violent Behaviour**

Wednesday mornings 10.15am – 1.15pm

October 2, 9*, 16, 30 November 6*, 13*, 20, 27 December 4, 11

Venue: Voluntary Action Islington, 200a Pentonville Road, London, N1 9JP

* Venue for 9 October, 6 and 13 November group is Family Action, Wharf Studios, Wharf Road, N1 7GR

Group structure:

- 10 weekly 3 hour groups = **30 hours** of contact time per participant
- 6 diarised 2 hour follow-up support groups (over 6 months) = **12 hours** of contact time per participant
- Diarised telephone sessions = **4 hours** of contact time per participant

Total hours of contact time per participant = 46 hours

To get the most out of the group, participants need to attend in full. For two parent families it is most beneficial to attend together where possible.

Participants will learn to:

- Take a firm stance against violence
- Hold back from physical or verbal violence
- Increase positive presence in your child's life
- De-escalate conflicts
- Break the cycle of shame and silence
- Make changes in relating to your child in the long term
- Reduce distress for parent and child
- Feel more in control
- Recruit and use supporters
- Enjoy the benefits of being part of a group

Feedback from 2 of the parents from our NVR Group Sessions:

**"There has been no advice as
valuable as the ideas and delivery
of this course, even if some of it
feels alien – hang on in there."**

**"This has really made a difference
to me and to my family. I
recommend it to other special
guardians"**

The facilitators

Dawn Oliver, NVR-UK Practitioner and Therapeutic Parent Coach. Dawn has an MSc in Psychology (Child Development). She has worked in charities and schools supporting children with Special Educational Needs and Disabilities (SEND) and their parents. She delivers NVR training to those parents. Dawn has theoretical knowledge and personal experience in the fields of autism, adoption and person-centred approaches. She is a mother to 4 children, one of whom is on the autistic spectrum and one is adopted. She co-facilitates trainings for special guardians and adoptive parents run by PAC-UK.

Joanna Parker, UKCP registered Integrative Arts Psychotherapist MA, qualified supervisor and trainer. Joanna has worked clinically with both adults and children in a range of settings for the past fifteen years. Joanna was the Young Oasis Lead for a ten year period, managing a multi-disciplinary team supporting families impacted by drug or alcohol misuse. Joanna joined the Child and family team at PAC-UK in December 2019, works therapeutically with families integrating the principles of Dyadic Developmental Psychotherapy (DDP) and Theraplay into her practice. Joanna has been involved with NVR groups since joining PAC-UK.

Plus a **Parent Graduate** from an earlier group, who is a **Special Guardian**.

... All our Parent Graduates have 'been there and got the t-shirt':

Booking Information

Cost: £2,240 +VAT per individual

£4,285 +VAT per couple

Book online: www.pac-uk.org/cpv

Payment via the Adoption Support Fund (ASF)

Special Guardians seeking funding by the ASF (Adoption Support Fund)

Please register your **expression of interest** by emailing grace@pac-uk.org. We will get back to you at the earliest opportunity.

Please also approach your local authority as soon as possible, sending them this flyer, and ask them to apply for funding from the ASF. Please include social worker/support team contact details in your email to us.

Special Guardians paying privately

One of the reasons for paying privately is when your family has already used the maximum amount of funding per child per year available from the ASF.

Please register your **expression of interest** by emailing grace@pac-uk.org. We will get back to you at the earliest opportunity. Or go ahead and book online at www.pac-uk.org/cpv

Social Workers who would like to refer a Special Guardian(s) for this group

Please register your expression of interest for parent(s) to attend by emailing grace@pac-uk.org - this does not guarantee a place.

We will send a **breakdown of costs** to facilitate the ASF application. It is crucial that you then **apply to the ASF as a matter of urgency**.

A place **will be held** for the parent once **the application to the ASF has been submitted please AND you complete the online booking form** at www.pac-uk.org/cpv select 'Invoice' for 'Payment Type' and 'ASF – PON to follow' (Purchase Order No) unless already known.

We will also send you a **referral form** for more details of the family's circumstances (which will inform the group leaders).

