



## Training day for adoptive parents and other permanent carers



### Caring for a child (age 4-12) who has been sexually abused

#### Who should attend

Adoptive parents and other permanent carers

#### Trainer

**Sue Dromey** has worked in the field of fostering and adoption for over 35 years as an integrative child psychotherapist, drama therapist, trainer and social worker; she has worked as a therapist and Practice Manager for PAC-UK's Child and Family Service for 17 years. Sue has a special interest in helping families deal with the impact of trauma on their daily lives.

Caring for a child who has been sexually abused brings additional challenges to adoptive parents and carers.

This workshop will provide an opportunity for parents/carers of children who have been sexually abused to consider the definitions of sexual abuse; to think about prevention and making a safe environment for their children; to explore what behaviour is 'normal' and what is 'worrying'; and to identify the messages children have received about themselves. It will explore what is "going on" for your child and the support you can provide.

There will also be space to consider the impact of abuse on children and the risks of subsequent abusive behaviour.

#### Date

Thursday  
11 July 2019  
10.00am – 4.30pm  
Tea and coffee will be provided

#### Venue

Resource for London,  
356 Holloway Road,  
London N7 6PA

#### Fees

**PAC-UK subscribing local authorities + all self paying carers:**

Individual carers:  
£81 (£97.20 incl.VAT);  
Couples: £152.50 (£183 incl.VAT)

**PAC-UK non-subscribing local authorities:**

Individual carers:  
£93.50 (£112.20 incl.VAT);  
Couples: £174.50 (£209.40 incl.VAT)

#### Benefits of attending:

- Gain and understanding of the impact of sexual abuse (and therefore emotional abuse) on the child.
- Attune to the behaviour of the child and what might be going on underneath.
- Exploring strategies for managing feelings and behaviours.
- A space for parents and carers to have time to reflect and also to give attention to ways of looking after themselves whilst looking after their children.
- Have the opportunity and meet with others in similar situations.

**Enrol** [www.pac-uk.org/training](http://www.pac-uk.org/training) **Contact** [training@pac-uk.org](mailto:training@pac-uk.org) **Web** [www.pac-uk.org](http://www.pac-uk.org) **Tel** 020 7284 5872

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