



Training day for adoptive parents and other permanent carers



Once upon a time – Using storytelling to tell your child about their life story

Who should attend

Adoptive parents and other permanent carers

Trainer

Sophia Condaris is the course leader for the masters programme in dramatherapy at Anglia Ruskin University. She has been working with stories for over 20 years and has a deep respect for how they can powerfully facilitate change processes. Her clinical specialism is working therapeutically with children and their families.

Stories have traditionally been used to impart important information, understand the human condition and create relationships. For parents of adopted children, stories can be used as a non-threatening way of introducing difficult topics, exploring their child's emotional world and building stronger attachments.

On this training day, parents will be able to familiarise themselves with a range of existing stories and storybooks, which might be helpful in broaching and discussing the issues that affect their child, including the story of their child's adoption. The metaphorical language of stories will be explored and there will also be an opportunity for parents to begin to create a story specifically for their child.

Date

Wednesday
3 July 2019
10.15am – 2.15pm
Tea and coffee will be provided

Venue

Shine,
Harehills Road,
Leeds
LS8 5HS
(free parking available)

Fee

£65 plus VAT (£78 in total)

Benefits of attending:

- Understanding how stories might be useful for specific emotional issues and life experiences
- Developing confidence in choosing, telling and reading stories
- Gaining practical skills around when to use a story, and how to read or tell a story
- Understanding the metaphoric language of stories
- Accumulating a repertoire of stories that can be drawn on for a range of emotional states and life events
- How to manage the strong feelings that can emerge from stories, both in the child and in the carer

Enrol www.pac-uk.org/training **Contact** training@pac-uk.org **Web** www.pac-uk.org **Tel** 020 7284 5872

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