



WORKING WITH

adoptionuk

for every adoptive family



Child to Parent Violence (CPV) Project 2017-2018

PAC-UK, Adoption UK and The Department for Education:
Working together to support adoptive families who are
experiencing and are exposed to Child to Parent Violence

For Tees Valley Adoptive Families

FREE 8 week CPV course for adoptive parents. Parents will be taught Non Violent Resistance (NVR) to help empower, build communication skills, self-care support and reduce violence.

In addition to the weekly workshops we will also provide each family with **weekly telephone or Skype support and access to a follow up monthly Support Group.**

*To get the most out of
the course, participants need
to attend in full.*

*If you are a two parent
family, it is also important
that you both attend
all sessions.*

Dates for the 8 week CPV Group Workshops are:

**Thursday mornings
10.30am – 1.30pm**
28th September 2017,
5th 12th and 19th October 2017,
9th, 16th, 23rd and
30th November 2017

Venue

Newport Community
Settlement Hub,
St Paul's Road,
Middlesbrough,
TS1 4EE

Participants will learn to:

- Take a firm stance against violence
- Hold back from physical or verbal violence
- Increase positive presence in your child's life
- De-escalate conflicts
- Break the cycle of shame and silence
- Make changes in relating to your child in the long term
- Reduce distress for parent and child
- Feel more in control
- Recruit and use supporters
- Enjoy the benefits of being part of a group

Feedback received from our CPV Group Workshops:

- ‘There has been no advice as valuable as the ideas and delivery of this course, even if some of it feels alien – hang on in there.’
- ‘Exceptionally good, knowledgeable and experienced course facilitators. Every adoptive family needs these people. Top marks.’

If you have any questions about the CPV Project or Group Workshops please contact Jo Mitchell, Head of Child and Family Service (Leeds), on 0113 264 6837 or 07962 125218 or email jo@pac-uk.org

The facilitators

Sue Dromey has worked in the field of fostering and adoption for over 35 years as an integrative child psychotherapist, drama therapist, trainer, GAL and social worker. She has been the Practice Manager for PAC-UK's Child

and Family Service for 15 years. Sue has a special interest in therapeutic work which addresses trauma in both children and their parents and integrating this with the principles of NVR. She is part of the team developing the

intervention on Child on Parent Violence under a DfE grant. Sue works with trauma using EMDR (Eye Movement Desensitisation and Reprocessing) AIT (Advanced Integrative Therapy) EFT (Emotional Freedom Technique).

Dawn Oliver, NVR Practitioner and NVR Parent Graduate – who has 'been there and got the t-shirt.' Dawn has an MSc in Psychology (Child Development) and languages (BA Hons Modern Languages) background. She has worked in charities and schools supporting children with Special

Educational Needs and Disabilities (SEND) and their parents. Dawn has theoretical knowledge and personal experience in the fields of autism, adoption and person-centred approaches. She is a mum to 4 children, one of whom is on the autistic spectrum and another who is adopted. Dawn

has completed professional training in Non-Violent Resistance and is now delivering training to parents of children with SEND in schools. She is also co-facilitating trainings for adoptive parents run by PAC-UK. She has also trained and uses AIT.

Sarah Huntington is a Child and Family Therapist – Sarah is a BSc in Psychology and is registered as a graduate member with BPS. Sarah has been working with children and families on home-based play focused programmes for children with autism since 1998. She has worked extensively

with looked after children for 10 years in various settings and has a special interest in Life Story Work exploring issues around identity and attachment. Sarah has spent time with care leavers researching the importance of Life Story Work and wants to fill the gap in accessing good training and

resources to aid those working with children in this area. Sarah delivers direct Life Story Work with children – she also holds a post 14 teaching qualification and delivers training courses she has written on Life Story Work within organisations such as Social Services.

Tanya Killick is the AT-iD (Adopted Teens Identity) Project Lead – running an innovative pilot project designed and led by teenage adoptees, aimed at building friendships & giving teens a space to be themselves. Tanya is passionate

about enabling teenage adoptees to have a voice on the issues that matter to them, to improve understanding and the way we work and support people affected by adoption. Tanya is also a qualified social worker with a keen interest in therapeutic work

and is trained in Developmental Dyadic Psychotherapy (Level one), Non-violent resistance (Level one), enhanced adoptive parenting and therapeutic life story work. In addition, Tanya sits as an independent member on an adoption panel for Barnardos.

If you have any questions about the CPV Project or Group Workshops please contact Jo Mitchell, Head of Child and Family Service (Leeds), on 0113 264 6837 or 07962 125218 or email jo@pac-uk.org