



Commissioned Training Topics for Parents

- ...and one more makes a whole lot more! The challenges of adding a sibling to the family
- Body talk! The impact of hyped up children or hard to reach children on our bodies and nervous systems
- Building self-esteem and confidence
- Caring for a child who has been sexually abused
- Grief and loss for adopters (Preparation group training)
- Inner child healing
- Life story work – telling and explaining using play therapeutic methods
- Living with contact
- Managing difficult behaviours
- Managing sibling rivalry
- Managing social networks, the internet and mobile phones
- One of the family (kinship carers)
- Parenting children with autistic spectrum disorder in adoption and fostering
- Parenting large sibling groups
- Parenting teenagers
- Parents as healers
- Parenting sibling groups
- Relational play
- Somatic experiencing
- Supporting black and minority ethnic adopted children: attachment and race
- Talking to children about adoption
- Talking to your child about their story – helping children make sense of what has happened to them
- Telling difficult stories
- The adopted child in school
- The different parts of me – helping children develop a positive racial and cultural identity
- The power of play
- Trauma and adaptive behaviour