



## Public seminar

**PAC-UK**



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**THE AGENCY FOR  
ADOPTION &  
PERMANENCY  
SUPPORT**

# The unofficial guide to adoptive parenting – A day with Sally Donovan

## Who should attend

Adoptive parents and other permanent carers

Social workers and other professionals working in adoption and permanency

## Trainer

**Sally Donovan** is an adoptive parent and author of 'No Matter What' and 'The Unofficial Guide to Adoptive Parenting'. She contributes articles on adoption reform and therapeutic parenting to the online Social Work magazine Community Care. She has won awards from the British Society of Magazine Editors and the Professional Publishers Association.

Sally speaks about therapeutic parenting (the unofficial kind), self care, advocacy in education and post adoption support.

She is a trustee of The Open Nest, a charity working hard to support traumatised adopted children and their families, particularly those who find themselves falling into the gaps.

Sally has developed this training based on her popular book *The Unofficial Guide to Adoptive Parenting*. Sally will look at what real life therapeutic parenting is and how you can access the empathy needed to create a healing environment around your child.

The day will be packed with practical ideas and tips on many aspects of adoptive parenting, such as developing routines, navigating festivals and celebrations and approaches to challenging behaviours. There will be emphasis on self-care and acknowledgement that therapeutic parenting has to take place within the messy, domestic landscape that many of us inhabit. Delegates will have the opportunity to think about current challenges and put together a toolbox of techniques.

## Date

Wednesday  
15 June 2016  
10.00am – 4.30pm  
Lunch will be provided

## Venue

Resource for London,  
356 Holloway Road,  
London  
N7 6PA

## Fee

### PAC-UK Subscribing Local Authorities/Self paying carers:

Individual carers:  
£81.00 (£97.20 incl VAT);  
Couples: £152.50 (£183 incl VAT);  
Professionals: £141 (£169.20 incl VAT)

### PAC-UK Non-Subscribing Local Authorities:

Individual carers:  
£93.50 (£112.20 incl VAT);  
Couples: £174.50 (£209.40 incl VAT);  
Professionals: £166.50 (£199.80 incl VAT)

## Benefits of attending:

- Gain practical tips and ideas on adoptive parenting
- Increase your toolbox of techniques to help support your child
- Learn about how to create a healing environment around your child

**Enrol** [www.pac-uk.org/training](http://www.pac-uk.org/training) **Contact** [training@pac-uk.org](mailto:training@pac-uk.org) **Web** [www.pac-uk.org](http://www.pac-uk.org) **Tel** 020 7284 5872

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