



Resources for schools

For teachers:

- Bomber, L. M. (2007). *Inside I'm hurting*.
- Bomber, L. M. (2011). *Inclusive strategies to support pupils with attachment difficulties make it through the school day*.
- Bomber, L.M. and Hughes, D.A. (2013). *Settling to learn. Settling troubled pupils to learn: Why relationships matter in school*.
- Delaney, M. (2009). *Teaching the unteachable. Practical ideas to give teachers hope and help when behaviour management strategies fail*.
- Durkin, C., Warner, R. and Sharkey, K. (2001). *Children's experiences of separation and loss. Information for teachers*.
- Geddes, H. (2005). *Attachment in the classroom*.
- Sonnet, H. (2010). *Positive intervention for pupils who struggle at school. Creating a modified primary curriculum*.
- Sunderland, M. (2016). *Conversations that matter: Talking with children and teenagers in ways that help*
- Sunderland, M. (2001). *Helping children who bottle up their feelings: A guidebook*.
- Sunderland, M. (2001). *Helping children who are anxious or obsessional: A guidebook*.
- Sunderland, M. (2001). *Helping children locked in rage or hate: A guidebook*.
- Trautman, M.L. (2010). *My new school. A workbook to help students transition to a new school*.

For children:

- Durant, A. (2004). *Always and forever*.
- Heegaard, M. E. (2003). *Drawing together to learn about feelings*.
- Heegaard, M.E. (2007). *Adopted and wondering. Drawing out feelings*.
- Sunderland, M. (2000). *The frog who longed for the moon to smile*.
- Sunderland, M. (2001). *A niffleloo called nevermind*.
- Sunderland, M. (2001). *Willy and the wobbly house*.
- Sunderland, M. (2003). *The day the sea went out and never came back*.
- Sunderland, M. (2003). *How Hattie hated kindness*.
- Sunderland, M. (2003). *Ruby and the rubbish bin*.
- Whitehouse, E. and Pudney, W. (1998). *A volcano in my tummy: Helping children to handle anger: A resource book for parents, caregivers and teachers*.

For parents:

- Elliott, A. (2013) *Why can't my child behave? Empathic parenting strategies that work for adoptive and foster families.*
- Hughes, D.A. (2006) *Building the bonds of attachment: Awakening love in deeply troubled children.*
- Hughes, D.A. (2009) *Attachment focused parenting – effective strategies to care for children.*
- Sunderland, M. (2007) *What every parents needs to know.*

Weblinks:

- Calmer Classrooms. A guide to working with traumatised children - http://www.ccyp.vic.gov.au/childsafetycommissioner/publications/orgs_resources.htm
- Let's learn together - <http://www.adoptionuk.org/northern-ireland/lets-learn-together>
- 'Understanding why'- booklet produced by the National Children's Bureau http://www.ncb.org.uk/media/177349/understanding_why.pdf
- The Nurture Group Network <https://nurturegroups.org/>
- Foetal Alcohol Spectrum Disorders. A guide for teachers. <http://www.fasdtrust.co.uk/cp1.php>

Assessment and monitoring tools:

- Boxall profile <https://nurturegroups.org/publications/lorem-ipsu>
- Golding, K. S, Fain, J., Frost, A., Mills, C., Worrall H., Roberts, N., Durrant, E. and Templeton, S. (2013) *Observing children with attachment difficulties in school. A tool for identifying and supporting emotional and social difficulties in children aged 5-11.*
- Emotional Literacy. Assessment and intervention. Ages 7 to 11. <http://www.gl-assessment.co.uk/products/emotional-literacy-assessment-and-intervention-0>
- Emotional Literacy. Assessment and intervention. Ages 11 to 16 <http://www.gl-assessment.co.uk/products/emotional-literacy-assessment-and-intervention-0>