



## Training event for social workers and other professionals working in adoption and permanency

### LEVEL ONE Theraplay® & MIM Training

#### Who should attend

Social workers and other professionals working in adoption and permanency

#### What is Theraplay?

Theraplay is a short-term, therapist-guided dyadic psychotherapy that focuses on parent-child relationships. It:

- Enhances attachment, self-esteem, and trust in others through joyful engagement
- Is based on the natural patterns of interaction between parent and child
- Focuses on four essential qualities found in parent-child relationships: structure, engagement, nurture and challenge
- Creates an active and empathic connection between child and parents
- Results in changed view of the self as worthy and loveable, and of relationships as positive

Theraplay is used internationally in at least 28 countries, and over 1,200 professionals from the UK have attended our training since 2003. Join the thousands of mental health professionals who have added Theraplay to their skill set!

#### How does Theraplay differ from other kinds of child therapy?

- It directly supports the parents or caregivers in change
- It is active, interpersonal, and fun—not “talk therapy”
- Progress can be made quickly

- It focuses on strengthening the parent-child relationship
- It focuses on the “here and now,” not what happened in the past
- It can be used with young children or children with developmental delays
- The “Theraplay way” flows easily from clinical setting to home
- Theraplay is appropriate for all ages—infancy through adolescence

#### About Theraplay training

Theraplay workshops are intensive, active and rewarding. Participant numbers are limited so that each person can receive the special attention that makes for a good training experience. There are opportunities to:

- Observe the live treatment of a family, including the assessment via the MIM (Marschak Interaction Method), feedback to the parents and several Theraplay sessions
- Watch videos of treatment with a variety of clients
- Practice the use of Theraplay techniques
- Plan how each participant can use Theraplay with their clients at home

#### Learning objectives

- Knowledge of how to administer the MIM (Marschak Interaction Method) including methods of recording non-verbal behaviours, making inferences and formulating hypotheses
- Knowledge of how a MIM report is organized

- Knowledge of how a feedback session is conducted
- Knowledge of how the MIM is used as guideline for planning treatment
- Understanding of the history and theory of Theraplay
- Increased knowledge in the interactional basis of parent-infant attachment and self-esteem
- Skill development in the differentiation and use of the four Theraplay dimensions
- Knowledge of how Theraplay is used to meet the needs of children with behavioural problems, adopted and fostered children, autistic children, adolescents and traumatized children
- Knowledge of how parents are guided to empathically observe and participate in Theraplay sessions.

#### Date

Monday 16 to  
Thursday 19 June 2014  
9.30am – 5.00pm  
Lunch will be provided

#### Venue

Directory of Social Change  
24 Stephenson Way  
London NW1 2DP

#### Prices

Individuals: £940 (£1128 incl VAT)  
Non-refundable deposit of £300 (£360 incl VAT) payable upon booking  
Balance of £640 (£768 incl VAT) payable by 15 May 2014

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## LEVEL ONE Theraplay® & MIM Training *Continued*

### Trainer

**Donna M. Gates, M.A., LCPC**, is a Certified Theraplay Therapist and Trainer in private practice at David L. Gates and Associates in Gurnee, IL and Des Plaines, IL.

For the past 14 years, she has done individual, couples, and family therapy as well as domestic violence treatment, anger management treatment for adults and children, and parenting training and consultation.

In the past she has worked as a youth and family counselor with Warren Township Youth Commission, developed a children's program for Families in Touch/Teen Moms in Waukegan, and supervised college students as they worked in that program. She also worked with the teen moms in the FIT program, teaching parenting skills, life skills, and issues of domestic violence.

Donna obtained her B.A. in Theology from Berkshire Christian College in Massachusetts before working with Campus Life/Youth for Christ in New York City. She then went on to obtain her M.A. in Counseling Psychology from

Trinity International University in Deerfield, IL. In the past, she has presented at the Theraplay International Conference and has written an article for the Theraplay Newsletter on the use of Theraplay in Domestic Violence treatment groups. Donna is the mother of 2 daughters and has 8 grandchildren, all of whom enjoy helping her practice Theraplay activities. Donna can be contacted at: [donna@davidlgates.com](mailto:donna@davidlgates.com)

**Mary Ring** received a B.S. in Special Ed. with Emotionally Disturbed Children from University of Houston in 1973. She is also a Certified Theraplay® Therapist and Trainer.

She taught school for various ages and grade levels during 1976 to 1981. She joined the church staff of Garden Oaks Baptist church in Houston, TX as Director of Children's Ministries and Director of Family Ministries for five years as she obtained a Masters in Marriage and Family Counseling and a Masters in Religious Education from Southwestern Baptist Theological Seminary in 1991.

In 1996 she obtained supervisory status as an LPC and LMFT and became a Registered Play Therapist with Supervisor status in 1997. Mary worked as a marriage and family therapist with the Union Baptist Association for 7 years and since 1999 has worked as a Marriage and Family counselor for The Juliana Poor Memorial Counseling Center at Houston's First Baptist Church.

She is clinical coordinator of the family team at JPMCC and guides 8 therapists through the process of a structured family treatment program developed over the last 10 years. The work of the team has expanded to include hosting family camps (both biological and foster/adoptive) with multi-family groups attending to receive the benefit of group support from other families as well as key information that helps develop better connections for family members. This has extended into a ministry of providing training for those going on mission from Houston's First Baptist Church to support orphan care all over the world.