

About PAC

PAC was founded in 1986 as the Post-Adoption Centre to meet the needs of adults and children experiencing problems arising from adoption. Its origins were in a growing recognition that adoption raises specific issues for all parties involved and at various stages of their lives.

PAC has developed a range of support services which reflect the complexities of adoption, as well as long term fostering and special guardianship.

Each year PAC receives 1,800 requests for help from people affected by adoption or permanent care as well as the professionals who support them.

PAC has particular expertise in working with minority ethnic children, families and adults and with transracially adopted children and adults.

PAC is an independent charity which provides a confidential service. In 2011 PAC received a quality rating of 'outstanding' from Ofsted.



PAC staff

PAC's counsellors are professionally qualified in counselling/psychological therapy, psychology and/or social work and have a wide range of experience and training in all aspects of adoption and permanent placement. Counselling staff are supported by external professional supervisors and administrative staff.

PAC and the North London Adoption & Fostering Consortium

The North London Adoption and Fostering Consortium (NLAFC) is a partnership of five local authority adoption agencies (Barnet, Camden, Enfield, Haringey and Islington).

PAC provides free face-to-face counselling at venues in Barnet, Kentish Town and Enfield for residents of the above areas who have a personal or professional involvement in adoption or permanent care. Advice, information and support is given in individual or couple sessions with PAC counsellors. Call PAC's Advice Line on 020 7284 5879 for an initial consultation.

Counselling sessions offer the following:

For birth parents and birth relatives of adopted / permanently placed children, including those who are now adults

- Counselling after the adoption order or permanent placement
- Support and advice on contact arrangements
- Intermediary service

For adoptive parents and other carers of permanently placed children, including prospective adopters/permanent carers *

- Pre- and post-placement counselling
- Support and advice on contact arrangements with birth family members
- Post-disruption counselling

For adults adopted or otherwise permanently placed as children

- Counselling
- Intermediary service

For professionals working in adoption and permanent care

- Consultation with PAC counsellors.

* some restrictions may apply where placements were made by local authorities other than Barnet, Camden, Enfield, Haringey or Islington – please contact us.

Birth Mother Drop-In Meetings

PAC also hosts two birth mother drop-in meetings, one fortnightly in Kentish Town and one every two months in Enfield. Both meetings are open to residents of Barnet, Camden, Enfield, Haringey and Islington and are free of charge.

The drop-in meetings offer a confidential space in which women whose children have been adopted, or are in other forms of permanent care, can talk about their fears, feelings and loss. A qualified PAC support worker is on hand to answer questions about how the adoption and care systems work, explain birth mothers' rights, provide support over contact plans for adopted or placed children and offer help with letterbox contact.

For further details contact PAC's Birth Parent Support Worker Rita Cleary on 020 7284 0555 or email rita@pac.org.uk. Prior to attending any drop-in meetings, birth mothers may be offered an initial one-to-one appointment to talk through whether the sessions can meet their needs.

ADVICE LINE
020 7284 5879

Monday to Friday
10.00am - 1.00pm

Wednesday &
Thursday evenings
5.30pm - 7.30pm

Equal opportunities

PAC is committed to providing a service based on racial equality and equal opportunities. It has an ethnically and culturally diverse staff. If you have a preference about the ethnicity or gender of your counsellor PAC will do its best to accommodate your request.

PAC operates service evaluation and complaints procedures.

PAC
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Torriano Avenue
London NW5 2RZ

tel: 020 7284 0555
fax: 020 7482 2367
advice: 020 7284 5879

email: advice@pac.org.uk
web: www.pac.org.uk

Registered charity: 294998
Company limited by guarantee: 2040322
PAC is registered with Ofsted under the Care Standards Act 2000 as an Adoption Support Agency (reg. no.: SC066981).



Pre-adoption
Post-adoption
Permanency
Advice &
Counselling

Other PAC services for residents of Barnet, Camden, Enfield, Haringey and Islington

- Consultations for adoptive and prospective adoptive parents and families with PAC's specialist Child & Family counsellors (only accessed via agreement with your local authority adoption team)
- Parenting workshops

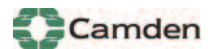
Please contact PAC's Advice Line for further details

PAC's other services

PAC offers a wide range of support for all parties to adoption and other forms of permanent care at its premises in Kentish Town, London:

- a child and family service offering a range of services for adoptive and permanent placement families, including intensive therapeutic family work
- a counselling service for individual adults and couples
- a range of support services for birth relatives
- workshops, groups and seminars for all those involved in adoption and other forms of permanent care
- professional consultation and training
- bespoke training and services for professional agencies

For further information contact PAC.



Adoption & Permanent Placement Support for Residents of Barnet, Camden, Enfield, Haringey & Islington

PAC working in partnership with the North London Adoption & Fostering Consortium

