

## Equality at PAC-UK

PAC-UK is committed to providing services which are fair and equal for all. It has an ethnically and culturally diverse staff and believes in the unique value and right to respect of each individual.

PAC-UK is working in partnership with the eQuality Project to improve the support we offer to lesbian, gay, bisexual and transgender people. Our premises in Kentish Town, London are wheelchair accessible.

### Your first contact point

#### Advice Line

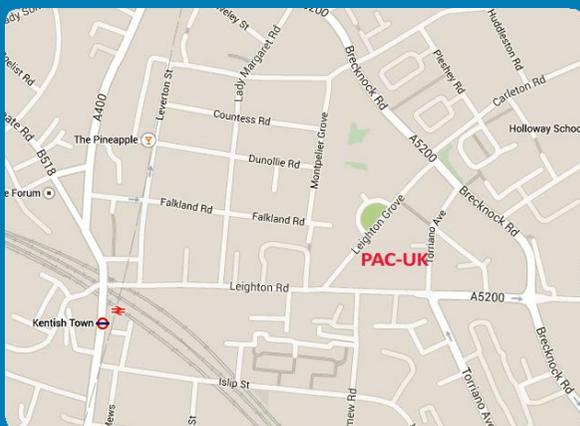
tel. 020 7284 5879 email. [advice@pac-uk.org](mailto:advice@pac-uk.org)

Mon, Tues & Fri 10.00am – 4.00pm  
Wed & Thurs 2.00pm – 7.30pm

#### Education Advice Line

tel. 020 7284 5879 email. [education@pac-uk.org](mailto:education@pac-uk.org)

Wed & Thurs 10am – 12noon  
(available to parents /carers and professionals;  
closed during half term and school holidays)



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Registered charity: 294998

Company limited by guarantee: 2040322

PAC-UK is registered with Ofsted under the Care Standards Act 2000 as an Adoption Support Agency.

Ofsted registration: SC066981



LOTTERY FUNDED



**PAC-UK**



TOGETHER WITH **AAY**  
THE AGENCY FOR  
ADOPTION &  
PERMANENCY  
SUPPORT

**PAC-UK**

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Torriano Avenue  
London NW5 2RZ

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twitter.com/PACUKadoption

find us on Facebook

**PAC-UK**



TOGETHER WITH **AAY**

THE AGENCY FOR  
ADOPTION &  
PERMANENCY  
SUPPORT

# child & family service



specialist therapeutic support for children  
and families brought together by....

# adoption long term foster care special guardianship

other forms of permanent placement

# families we work with

## the children can be...

- impulsive
- uncooperative, defiant
- unable to learn from mistakes
- emotionally flat, 'unfeeling' or highly reactive
- struggling to make and keep friends
- too familiar with strangers
- confused about their identity
- causing concern in school
- troubled by their past, their adoption/other placements
- wondering about contact with their birth relatives



## prior to joining their current family, they may have experienced

- multiple placements before joining their permanent family
- painful separation from birth parents and other carers
- abuse and neglect in their first year/s
- other traumas

## their parents/carers may...

- have tried many different ways to help their child
- have run out of understanding and energy
- feel isolated, frustrated, disheartened

## we aim to...

- help parents and carers to understand their child
- support parents with their own feelings and thoughts about their child
- equip parents and carers with effecting parenting strategies
- help the child understand their adoption/permanent placement
- support the child in working through their early traumas and the after effects of these
- address issues of ethnicity and identity in the family
- prevent family breakdown

## services we offer

### initial consultation sessions

- parent/couple consultation
- family consultation

### assessments

- comprehensive family assessment
- parent-child interaction assessment
- parent assessment
- assessment of contact needs and arrangements with birth family members

*Our assessments include: wide range of psycho-diagnostic tests, projective methods (such as Story Sterns), MIM Theraplay® based assessment, Attachment Style Interview (ASI).*

### therapeutic work

- intensive therapeutic family work for children with early life traumas
- intensive therapeutic parent work to enable parents to become 'therapeutic parents'
- life story work with children and their parents
- early intervention and home parenting programme
- individual sessions for adolescents or parents in the context of therapeutic family or parent work
- contact work between adoptive/permanent placement family and birth family
- disruption support work

*Our therapeutic work includes: Theraplay® informed practice, life story processing with art and drama, inner child work, attachment communication, somatic experiencing therapeutic parenting strategies.*

### professional consultation and court reports

- professional consultation for any professionals involved in work with adoption and other permanent placements
- court reports with regard to assessment of placement needs and future support
- advice and training for schools

## bespoke services

We welcome requests for bespoke assessments, interventions and training tailored to the specific needs of local authorities, schools, and other professional agencies.

## our team is...

- multi-disciplinary
- multicultural and multiracial
- experienced in working with diversity

