

A Good Practice Guide for Schools

Understanding and Meeting the Needs of Children who are
Looked After, Fostered, Adopted or otherwise Permanently Placed

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How does early life trauma affect children's cognition, learning and attainment in school?

How can school staff include and support children who are adopted or otherwise permanently placed?

Are there specific strategies I can use to contain these children's difficult emotions?

This new good practice guide for schools clearly explains how attachment difficulties, trauma and loss affect children and young people's learning, behaviour and social and emotional development, providing practical, evidence-informed strategies to help enhance the practice of all those working to support and include traumatised children and young people in school.

This guide has been written by PAC's Schools Trainer Julia Clements, drawing on her 20 years' experience of working with children, schools and families, both as a teacher and as an Educational Psychologist.

The guide complements PAC's training in this area, which has been well received and evaluated by professionals and parents alike. Recent comments include:

- "Really engaging with very useful strategies. It made me think about some of our children in a different way" (Deputy Head)
- "Very informative. Should be presented in every school to all staff!" (Teaching Assistant)
- "Very clear, concise and helpful" (Teaching Assistant)

The guide costs just £10, with discounts for multiple orders. PAC is a charity and a donation in lieu of a charge for postage and packing would be appreciated. For further details and to order please email training@pac.org.uk. For further information about PAC's training for schools visit www.pac.org.uk/schools.

PAC (founded in 1986 as the Post-Adoption Centre) is an adoption support agency and registered charity which offers a range of services for anyone involved in adoption, long-term fostering, Special Guardianship or any other form of permanent care, and the professionals who work with them. In 2011 PAC received an 'outstanding' Ofsted rating.