



## Training day for adoptive parents and other permanent carers

**PAC-UK**



TOGETHER WITH **AAY**  
**THE AGENCY FOR  
ADOPTION &  
PERMANENCY  
SUPPORT**

### Let's take it from the top – Improving sensory processing in children who have experienced neglect and abuse

#### Who should attend

Adoptive parents and other permanent carers

#### Trainer

**Sarah Lloyd** is a Specialist Occupational Therapist and Play Therapist who has worked with children, young people and families in CAMHS and private practise over the last 23 years. Before returning to Leeds last year Sarah worked as part of a specialist CAMHS / Social work team in Scotland, offering assessment, consultation and therapy to looked after children and their families. She currently works in Leeds CAMHS.

Children who have been abused and neglected have often missed out on all sorts of movement experiences. For example, small children may have spent long hours strapped in a buggy or left without food and stimulation. While this might seem unimportant relative to other things they have experienced, it can leave children without a foundation to develop social and emotional skills. Children who have experienced abuse and neglect are often more 'dysregulated' than their peers. As well as finding it difficult to manage feelings they are often quite 'out of synch with themselves': being too loud or going too fast all the time; bumping into things or unable to do things like hold a pencil properly or use cutlery. This usually coincides with unresolved trauma, but it is often difficult for these children to make use of psychological therapies until they become more able to understand their bodies and tune into how they are feeling on a physical as well as a psychological level.

#### Date

Wednesday  
25 May 2016  
10.00am – 3.00pm  
Lunch will be provided

#### Venue

Shine,  
Harehills Road,  
Leeds  
LS8 5HS  
(free parking available)

#### Fee

Individuals: £51 (£61.20 incl.VAT);  
Professionals: £82 (£98.40 incl.VAT)

#### Benefits of attending:

This training day will combine sensory integration theory (which describes how the brain processes and stores experiences) with a neurodevelopmental understanding of the impact of trauma on the developing brain. Using teaching and case examples, it will offer a framework to understand how a child's early experiences can affect their later regulation and development and give participants ideas of things they can do to help children address some of those gaps. By doing this, children can become better able to self-regulate and may be helped to make use of psychological therapies and education as well as become more able to benefit from the love and care that is available in their new home.

**Enrol** [www.pac-uk.org/training](http://www.pac-uk.org/training) **Contact** [training@pac-uk.org](mailto:training@pac-uk.org) **Web** [www.pac-uk.org](http://www.pac-uk.org) **Tel** 020 7284 5872

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