

## Conference

This conference is the first exciting collaboration between **PAC-UK** and **Adoption UK**, taking place in Leeds on 23 April 2016



Dan Hughes, Ph.D



Dr Jon Baylin

## Brain Based Parenting – From Mistrust to Trust A Day with Dan Hughes and Jon Baylin

### Who should attend

Adoptive parents and other permanent carers

Social workers and other professionals working in adoption and permanency

### Trainers

**Dan Hughes**, Ph.D. is a clinical psychologist with a limited practice in Annville, PA near Philadelphia. He founded and developed DDP, the treatment of children who have experienced abuse and neglect and demonstrate ongoing problems related to attachment and trauma. This treatment occurs in a family setting and the treatment model has expanded to become a general model of family treatment. He has conducted seminars, workshops, and spoken at conferences throughout the US, Europe, Canada, and Australia for the past 17 years. He is also engaged in extensive training with certification of therapists in his treatment model, along with ongoing consultation to various agencies and professionals.

Dan is the author of many books and articles. These include *Building the Bonds of Attachment* (2nd Ed.) 2006, *Attachment-Focused Parenting* (2009), *Attachment-Focused Family Therapy Workbook* (2011) and, with Jon Baylin, *Brain-Based Parenting* (2012).

Dan can be contacted at: [dhughes202@comcast.net](mailto:dhughes202@comcast.net)

His website is [www.danielhughes.org](http://www.danielhughes.org)

**Dr Jon Baylin** received his doctorate in clinical psychology from Peabody College of Vanderbilt University in 1981. He has been working in the mental health field for 35 years. For the past fifteen years, while continuing his clinical practice, he has immersed himself in the study of neuroscience and in teaching mental health practitioners about the brain. He

has given numerous workshops for mental health professionals on "Putting the Brain in Therapy." Several years ago, Dr. Baylin began a collaborative relationship with Daniel Hughes, a leader in the field of attachment-focused therapy. Their book, **Brain Based Parenting**, was released by Norton Press in the spring of 2012 as part of the Norton series on Interpersonal Neurobiology edited by Daniel Siegel, MD. They are currently working on a second book to be published by Norton which may be available in the early spring focusing on the neurobiology of change in attachment-focused therapy. Dr. Baylin has been presenting internationally for several years and has delivered keynote sessions at conferences both abroad and in the USA.

Dr Dan Hughes and Dr Jon Baylin from the US have developed a brain-based approach to interventions with children who have been under- or badly nurtured. Dan and Jon will share their knowledge with caregivers and professionals working with these children. They will describe their concepts of 'blocked trust' and 'blocked care'; look at ways to help under-nurtured children learn to trust trustworthy people; and take us through the processes that help children recover from blocked trust and reawaken their ability to seek comfort and experience the joy of good connections. The presenters will also discuss ways to strengthen your ability to be a trust builder.

### Benefits of attending:

Get an overview or refresher on early experience and brain development for children who have experienced neglect and trauma  
Learn about processes that will support parents and other care-givers in caring for children who have experienced neglect and trauma  
In particular, to understand the importance of reducing parental stress in order to promote secure attachment and techniques which support this

### Date

23rd April 2016

### Venue

Leeds United Football Club (Conference Suite), Elland Road, Leeds LS11 0ES

Free parking available

### Fees

**Adoption-UK members/Individuals of PAC-UK subscribing local authorities:** £75 incl.VAT

**All other individuals:** £90 incl.VAT

**Adoption-UK agency members/ Professionals of PAC-UK subscribing local authorities:** £100 incl.VAT

**All other professionals:** £120 incl.VAT

**Early bird fees (ends 23 January 2016):**

**Adoption-UK members/Individuals of PAC-UK subscribing local authorities:** £70 incl.VAT

**All other individuals:** £84 incl.VAT

**Adoption-UK agency members/ Professionals of PAC-UK subscribing local authorities:** £95 incl.VAT

**All other professionals:** £114 incl.VAT

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