



## Training event for social workers and other professionals working in permanency

**PAC-UK**



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**THE AGENCY FOR ADOPTION & PERMANENCY SUPPORT**

### Tackling Child on Parent Violence with Non-Violent Resistance (NVR) – 1 day introduction for professionals

#### Who should attend

Social workers and other professionals working in adoption and permanency, therapists, counsellors, psychologists, mental health nurses, family support workers, professionals in education, foster care and residential.

#### Trainer

**Michelle Shapiro**, a highly specialist clinical psychologist, has worked for over 20 years in private practice and in CAMHS, initially in South Africa and subsequently in the UK. As one of the clinicians in the Oxleas NHS Foundation Trust NVR programme, she has done pioneering work in developing NVR multi-parent group work. Providing therapy for single families as well as in a group context, Michelle has also applied NVR principles in her therapeutic work with couples. She is integrative in her approach, and commonly includes a trauma focus in her work with and around NVR.

Michelle has been involved in delivering training and supervision in NVR for Partnership Projects, with a focus on NVR-based parent groups.

This day provides an introduction to the systemic approach to overcoming aggressive, harmful, self-destructive and violent behaviour in children and young people. You will be given an overview of what NVR is as well as some non-violent methods for challenging violent behaviour in constructive ways.

- The training will cover: de-escalation and overcoming parental 'obedience', not using consequences, not using rewards: the principle of presence and the three aspects of parental presence - physical presence, embodied presence, systemic presence ways;
- reconciliation gestures – acts of unconditional love and acceptance for repairing ruptured relationships.

There will be a focus on developmental trauma and aggression in adopted children, looked after children and children in multi-stressed families.

#### Dates

##### Leeds

Monday  
8 February 2016  
10.00am – 4.30pm

##### London

Wednesday  
10 February 2016  
10.00am – 4.30pm

#### Venues

##### Leeds

Shine, Harehills Road,  
Leeds  
LS8 5HS  
(free parking available)

##### London

Resource for London,  
356 Holloway Road,  
London N7 6PA  
Lunch will be served

#### Fees

##### PAC-UK Subscribing Local

##### Authorities:

Professionals: £139 (£166.80 incl.VAT)

##### PAC-UK Non-Subscribing Local

##### Authorities:

Professionals: £164 (£196.80 incl.VAT)

#### Benefits of attending:

- Have a better understanding of what NVR is and how it can be used to help parents move from a feeling of helplessness to strength;
- Get a taster of the non-violent methods that are used in NVR;
- Have an introduction to the child focussed ways of working with NVR

**Enrol** [www.pac-uk.org/training](http://www.pac-uk.org/training) **Contact** [training@pac-uk.org](mailto:training@pac-uk.org) **Web** [www.pac-uk.org](http://www.pac-uk.org) **Tel** 020 7284 5872

PAC-UK, 5 Torriano Mews, Torriano Avenue, London NW5 2RZ