



Training day for adoptive parents and other permanent carers

PAC-UK



TOGETHER WITH **AAY**
THE AGENCY FOR ADOPTION & PERMANENCY SUPPORT

Managing sibling rivalry

Who should attend

Adoptive parents and other permanent carers

Trainer

Louis Sydney is a child and adult psychotherapist and specialist adoption consultant at ASART as well as an independent trainer, clinical supervisor and consultant. He has worked with adopted or fostered children and families for over ten years and was a family therapist, trainer and offered consultation at Family Futures for over nine years. He has also trained in Theraplay®, Dan Hughes' Dyadic Developmental Therapy and Somatic Experiencing® (a body and trauma focussed approach to therapy).

The training aims to explore how current research on attachment, developmental trauma, neurobiology and mindfulness can enable parents to better manage the dynamics of sibling rivalry for adopted children.

The workshop will help parents and carers develop strategies to deal with sibling rivalry and conflict. It will also explore the Theraplay parenting domains of structure, nurture, challenge and engagement and the ways these can enable parents to consider the unique needs of each child.

Delegates will have the chance to share frustrations, anxieties and strategies that work.

Date

Monday
23 November 2015
10.00am – 4.30pm
Lunch is being served

Venue

Resource for London,
356 Holloway Road,
London
N7 6PA

Fees

PAC-UK Subscribing Local Authorities/self paying carers:
£80 (£96.00 incl.VAT)

PAC-UK Non-Subscribing Local Authorities:
£92 (£110.40 incl.VAT)

Benefits of attending:

Participants will:

- Discuss the 'elephant in the room' and the impact of 'imported trauma' on the family dynamics
- Be more able to identify and provide parenting for 'acting in' and 'acting out' children
- Gain parenting strategies to help with day to day routines, managing meal times and encouraging a more positive experience of play
- Gain further ideas and insight into self care using mindfulness and somatic experience

Enrol www.pac-uk.org/training **Contact** training@pac-uk.org **Web** www.pac-uk.org **Tel** 020 7284 5872

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