



# Public seminar

# Why Can't My Child Behave? – Empathic behaviour management that works

## Who should attend

Adoptive parents and other permanent carers

Social workers and other professionals working in adoption and permanency

#### **Trainer**

Dr.Amber Elliott (Chartered Clinical Psychologist), is the lead clinician and Director of The Child Psychology Service CIC. and creator of the web resource, Parenting Advice for Foster Carers and Adopters (www.PAFCA.co.uk). Her book 'Why Can't My Child Behave: Empathic Parenting Strategies that Work for Fostered and Adopted Families' was recently published by Jessica Kingsley Publishers.impact of trauma on their daily lives.

A training day for carers and professionals to think about Empathic Behaviour Management and to consider the difficulties of reward-punishment thinking for developmentally traumatised children.

We will concentrate on the importance of adult emotions when dealing with trauma.

We will go on to consider factors which effect empathic behaviour management; Shame, Affect Regulation, Brain Development.

Finally we will then spend some time applying the theory to real life and discussing practical EBM strategies.

## Date

Monday 5 October 2015 10.00am – 4.30pm Lunch will be provided

#### Venue

The Max Rayne Auditorium, Royal Society of Medicine, I Wimpole Street, London WTG 0AE

#### Fees

PAC and AAY Subscribing Local Authorities/Self paying carers:

Individuals: £80 (£96 incl.VAT); Couples: £150 (£180 incl.VAT); Professionals: £139 (£166.80 incl.VAT)

PAC and AAY Non-Subscribing Local Authorities:

Ilndividuals: £92 (£110.40 incl.VAT); Couples: £172(£206.40 incl.VAT); Professionals: £164 (£196.80 incl.VAT)

# Benefits of attending:

- To understand the temptations and challenges of Reward-Punishment Thinking
- To understand the theoretical base of empathic behaviour management (EBM)
  - Shame Affect Regulation Brain Development Trauma Memory
- To understand the guiding principles of EBM