

**TRAINING OPPORTUNITY****BOOK YOUR PLACE NOW! PLACES STRICTLY LIMITED**

**Enhancing Adoptive Parenting (EAP) – A training programme for use with new adopters of challenging children – Alan Rushton and Helen Upright**

**Training to become a parent advisor of the Enhancing Adoptive Parenting Programme – a randomly controlled trialled parenting programme for use with new adopters of challenging children.**

**This programme can also be used with all permanent carers.**

**DATES: 20 and 21 October 2015**

**Resource for London, 356 Holloway Road, London N7 6PA**

**Aims of the training:**

To teach social workers and other child and family professionals, how to use the EAP manual so they feel confident to be parent advisers and provide the ten-session EAP parenting programme to adopters and other permanent carers

**Structure of the training:**

A two day training course + one group follow-up consultation and troubleshooting session

**The training includes:**

- ✓ Research background
- ✓ Guidance on delivering the parenting advice
- ✓ Understanding and managing difficult behaviour
- ✓ Session 1: Introduction to the parenting programme
- ✓ Session 2: Understanding Insecurity, Attachment and Changing Behaviour
- ✓ Session 3: Using positive attention to change behaviour and understanding how children develop new relationships
- ✓ Session 4: Special Play
- ✓ Session 5: Verbal praise and rewards
- ✓ Session 6: Clear Commands and Boundaries
- ✓ Session 7: Ignoring
- ✓ Session 8: Effective discipline, limit setting and logical consequences
- ✓ Session 9: Problem Solving
- ✓ Session 10: Review of the programme

✓ Optional Extras:

- Wetting and soiling
- Sexualised behaviours
- Managing siblings or peer relationship difficulties, disputes, jealousies
- Emotional and internal regulations
- Fears and anxieties

Participants will learn to use the play strategies that they will teach parents.

**Follow-up Consultation and Troubleshooting Session:**

Once participants have begun providing the EAP, a two hour follow-up session will be provided, in which parent advisers/social workers can bring their questions about the training for consultation.

**About the Trainer**

**Chris Christophides** is a qualified Social Worker and Trainer. He has worked with adoption and fostering services in local government and BAAF for over 30 years. He now works at PAC UK as a part time Trainer Consultant, delivering a wide range of specialist courses to professionals and the public.

**Cost:**

£175 + VAT (£210 incl VAT)

The follow-up consultation and troubleshooting session is included in the fee.

Delegates will need a copy of the manual: Rushton, A. and Upright, H. 'Enhancing adoptive parenting: a parenting programme for use with new adopters of challenging children' BAAF, 2012. This manual is available for purchase through BAAF publications and costs £19.95. **Participants will need to bring a copy to the training session.**