



## Public seminar

# Living with an angry child: how are you doing: a chance to 'check in' with Holly van Gulden

### Who should attend

Adoptive parents and other permanent carers who have attended Holly's 'Living with an Angry Child' workshop in the past

Social workers and other professionals working in permanency who have attended Holly's 'Living with an Angry Child' workshop in the past

### Trainer

Internationally renowned counsellor and speaker **Holly van Gulden** has been training adoptive and foster parents and professionals for over 24 years. Holly's refreshing blend of humour and compassion has led her to be invited back repeatedly to speak at PAC.

Holly is an adoptive parent and grew up in a multi-racial, international family comprised of six children born to the family, four adopted children and several foster brothers and sisters.

This experience has given Holly an extra insight into what it's like to grow up adopted and to parent through adoption.

This workshop is designed to provide a space for those who have attended Holly's 'Living with an Angry Child' workshop to 'check in' with Holly and discuss with her what has happened since they attended the workshop (that could be in 2013, 2012 or years before). Holly will discuss with delegates which of the strategies she suggested:

- ✓ they have tried,
- ✓ what has worked and will
- ✓ answer any questions delegates may have.

There will be a brief review of object permanence and object constancy.

The workshop will combine discussion and practical activities. It will teach delegates how to offer value and joy in the face of difficult times/days.

### Dates

#### Leeds

Monday  
23 March 2015  
10.00am – 4.30pm  
Lunch will be provided

#### London

Wednesday  
25 March 2015  
10.00am – 4.30pm  
Lunch will be provided

### Venues

#### Leeds

Temple Newsam House  
Temple Newsam Road  
Leeds  
LS15 0AE

#### London

Resource for London,  
356 Holloway Road,  
London  
N7 6PA

### Fee

**Special offer:**  
£50 plus vat (£60 incl VAT)

### Benefits of attending:

Delegates will have the opportunity to enjoy a highly interactive learning experience with Holly: an opportunity to return to material they have put into practice since attending the workshop for the first time.

#### Delegates will:

- Review their 'Angry Child' parenting strategies with Holly
- Talk about their own experiences of implementing the strategies
- Work with the 'Parts' of their child causing concern– using 'parts' language only
- Internalise the concepts of permanence and constancy by reviewing which behaviours in their children represent deficits in permanence and constancy. This will produce a whole series of new strategies for delegates to use with their children