

# FREE Training for Schools in London and Tees Valley

# **Working together to support adoptive families in schools** PAC-UK, Adoption UK & The Department for Education

This training is <u>FREE</u> to all schools within London and Tees Valley as part of this project, and will be running until March 2018.

"We believe that teachers and schools have a vital role to play in supporting [adopted] children; socially, emotionally, and academically, to raise their attainment and address their wider needs."

- Department for Education, 2014



Supporting children with histories of trauma and loss Including adopted and permanently placed children

# This DfE funded project training aims to:

- Develop staffs understanding of the effects of early trauma, loss ans attachment difficuties
- Provide evidence-informed practical strategies to support and include children

# Who should attend:

Senior leadership, Governors, SENCO/INCOs, teachers and support staff including teaching assistants.

#### Trainer:

PAC-UK's Education Advisers draw from a range of expertise including education, developmental psychology, psychotherapy and neuroscience. We deliver specialist training and consultations to education and social care professionals, adoptive parents and special guardians.

For further enquiries and to book a session, please contact noelle@pac-uk.org

# Our highly regarded training covers:

# Understanding the effects of early trauma, loss and attachment difficulties:

- The importance of children's first relationships and experiences, and how these shape their attachment patterns
- The impact of trauma, loss, abuse and neglect on children's developing brains
- The behaviors and other difficulties which children may present with at school as a result of their early experiences

## **Evidence-informed practical strategies to support and include children:**

- Practical ways to provide nurture and structure for children
- The key role of key workers in building relationships through empathy, trust and holding children in mind
- Providing emotional containment and teaching self-regulation
- Working with peers, social skills and play
- Supporting children through transitions and changes

"I was delighted with the training. I found the content incredibly useful and interesting, and I left feeling inspired and motivated. I have given the content a lot of thought since yesterday and have started to change my way of thinking already."

Inclusion Leader of an Essex Primary School, September 2014.

#### **Education services:**

As well as our school training and consultation, PAC-UK can offer bespoke training packages, a specialist Educational Psychology Service, and tailored project work.

We provide a weekly Education Advice Line which you can call on 0207 284 5879 for parents and carers, school staff and professionals (open every Wednesday & Thursday morning from 10am-12noon excl. half term and schools holidays).

Our publication 'A Good Practice Guide for Schools Understanding and Meeting the Needs of Children who are Looked After, Fostered, Adopted or otherwise Permanently Placed' complements all our work and can be purchased via the PAC-UK website.

Please visit <u>www.pac-uk.org/education</u> for more information.

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