

# Child-Focused Consultations



## Supporting children with histories of trauma and loss

*Including adopted and permanently placed children*

The Department for Education is increasingly recognising the long term impact of trauma and loss for children who live in adoptive or special guardianship families. Adopted and permanently placed children may experience a range of difficulties at school, including problems coping with change and transition, relationship difficulties with adults and other children, and difficulties managing their emotions and behaviours. All of this can have an impact on their learning and emotional wellbeing. PAC-UK has a specialist Education Service dedicated to supporting adopted and permanently placed children in schools.

### **This package is recommended in conjunction with one of our training sessions for schools:**

**2.5 hours:** Child-focused consultation with a group of key staff (1.5 hours) and a review (1 hour) – in response to specific needs of an individual pupil with a 1 hour review 6-8 weeks later  
**£450 + travel expenses + VAT**

**1 hour:** Any subsequent termly reviews (optional)  
**£200 + travel expenses + VAT**

\*Please note that it is the school's responsibility to obtain consent from the parents or guardians to include PAC-UK's Education Adviser in the consultation.

### **Who should attend?**

All staff who are working with the focus child (senior leadership, SENCOs, teachers, support staff including teaching assistants, SENCO/INCOs). We also advise schools to invite the parents/guardians to the meeting, so they can be actively involved in the planning and review process. It may also be helpful for the school to invite other external professionals involved in supporting the child.

### **Child-Focused Consultations:**

For the initial **1.5 hr consultation** at school, the key staff and parents will review the child's strengths and areas of difficulty during their school day and at home. Collaboratively a clear and achievable action plan will be created with a review date within the next half term. PAC-UK provides a written summary of the action plan. At the review meeting (**1 hr**), we will review the child's progress and the impact of the support in place. Together we will outline any areas that may need revising, and identify new targets. The school is encouraged to continue these review meetings themselves with the key staff and parents. PAC-UK is also able to facilitate further termly reviews if required.

For further enquiries and to book a session, please contact [rebecca@pac-uk.org](mailto:rebecca@pac-uk.org).

## **Potential next steps for schools after a Child-Focused Consultation:**

- A key worker to be appointed for the focus child
- Nurture and structure to be implemented for the focus child
- Strategies to be put in place to help the focus child manage their feelings and behaviour
- Strategies to encourage the focus child to develop their social skills and interactions with others
- Clear planning for transitions and changes

## **Education services:**

As well as our Child-Focused Consultations, PAC-UK can offer training packages, a specialist Educational Psychology Service, and tailored project work.

We provide a weekly Education Advice Line which you can call on 0207 284 5879 for parents and carers, school staff and professionals (open every Thursday morning from 10am-12noon excl. half term and schools holidays). You can also send an email to [education@pac-uk.org](mailto:education@pac-uk.org)

Our publication 'A Good Practice Guide for Schools Understanding and Meeting the Needs of Children who are Looked After, Fostered, Adopted or otherwise Permanently Placed' complements all our work and can be purchased via the PAC-UK website.

Please visit [www.pac-uk.org/education](http://www.pac-uk.org/education) for more information.