



Training day for adoptive parents and families of permanence formed through fostering, residence orders or special guardianship

## The Different 'Parts of Me' Helping Children Develop a Positive Racial and Cultural Identity

### Who should attend

Adoptive parents and other permanent carers

### Trainers

#### Sue Dromey and Anthea Benjamin

**Sue** has worked in the field of Fostering and Adoption for over 30 years as an Integrative Child Psychotherapist, Drama-Therapist, Trainer and Social Worker; she has worked as a Therapist and Practice Manager for the Child and Family Service for PAC for eleven years. She has a special interest in helping families with the impact of trauma on their daily lives.

**Anthea** is a qualified counsellor and Integrative Arts Psychotherapist. She has worked extensively with children, adolescents and adults for 10 years in various settings. She has been with PAC's Child and Family Service for four years and has a special interest in working with adults and children who have been placed trans-racially, exploring issues of identity.

This interactive day will cover:

- The messages children receive about their identity
- Attachment integrating race
- Diversity and discrimination
- Parental Tasks – promoting Identity and Self Esteem
- 'Parts of Me' – promoting Identity and Self Esteem: practical tools
- Voices of young people - selected video clips
- Resourceful Parenting

PAC brought out their Resource Pack **“Supporting black and minority ethnic adopted children: attachment and race”** in 2008. All attendees will receive a copy of this pack.

### Date

Saturday  
8 February 2014  
10.00am – 4.30pm  
Lunch will be provided

### Venue

Resource for London  
356 Holloway Road  
London N7 6PA

### Fees

#### PAC Subscribing Local Authorities:

Individuals: £78 (£93.60 incl.VAT);  
Couples: £146 (£175.20 incl.VAT)

#### PAC Non-Subscribing Local Authorities:

Individuals: £89 (£106.80 incl.VAT);  
Couples: £167 (£200.40 incl.VAT)

### Benefits of attending:

You will have the opportunity to think about:

- Racial and cultural issues for you and your family
- Being a multi-cultural family
- Claiming and celebrating difference whilst building attachments
- Being an advocate for your child