



Workshop for adopted adults who have struggled with relationships and their desire to be intimate. This could be with siblings, friends as well as sexual relationships

Commitment, rejection, love and loss: issues of intimacy in adopted adults

Who should attend

Any adopted adult who has struggled with relationships and their desire to be intimate. This could be with siblings, friends as well as sexual relationships.

Trainer

Vanessa Moon is a psychoanalytic psychotherapist in private practice in Hackney; she works with adults. Vanessa is a trainer and supervisor on the Institute for the Institute of Psychoanalysis and Social Studies (IPSS) masters programme and has worked at the Women's Therapy Centre. She has special interests in adoption, identity, gender and sexuality.

Loving and being loved can be difficult for adults whose first experience in the world was one of being alone. There can be feelings of not being wanted of being rejected of being unlovable.

This work shop will look at how this impacts on our adult life with a focus on the effect it has on our relationships. We will look at connections with early experience.

There will be space to explore these connections and to think about some of the more difficult aspects of relating, what we may be recreating and why.

Date

Saturday
23 November 2013
10.00am – 4.30pm
There will be a shared lunch. Please bring something to contribute.

Venue

PAC
5 Torriano Mews
Torriano Avenue
London
NW5 2RZ

Prices

PAC Subscribing Local Authorities:
Individuals: £78 (£ 93.60 incl.VAT)

PAC Non-Subscribing Local Authorities:
Individuals: £89 (£106.80 incl.VAT)

Benefits of attending:

- A chance to be together with other people with similar experience, to share and exchange and to think about why we do some of the things that we do