



Public seminar

Complex trauma and the body

Who should attend

Adoptive parents and other permanent carers
Social workers and other professionals working in adoption and permanency

Trainer

Liz Hall (BA Hons Psychology, PhD Clinical Psychology, Diploma Clinical Psychology, Diploma Psychotherapy) is an advanced practitioner in Sensorimotor Psychotherapy. Liz is a Chartered Clinical Psychologist with specialist interest in working with trauma and now works with complex trauma and dissociative disorders. She also works in the child protection field providing expert reports for the courts. Liz is co author of 'Surviving Child Sexual Abuse' (1989, revised 1993) and is the UK organiser for the Sensorimotor Psychotherapy Institute based in Broomfield, Colorado.

The training will look at the common effects of more complex trauma when dissociation is more of a feature. The structural dissociation model will be presented. Structural dissociation may assist us in understanding the 'parts of the individual' and their relationship with trauma. In particular it will explore the legacy of complex trauma and how this manifests in the body. It will show how this model can help both adults and children work with internal parts and triggers. Experiential methods of teaching as well as more formal methods will be used.

Date

Monday
8 July 2013
10.00am – 4.30pm
Lunch is being served

Venue

Directory of Social Change
24 Stephenson Way
London
NW1 2DP
(close to Euston and King's Cross stations)

Prices

PAC Subscribing Local Authorities:
Individuals: £78 (£93.60 incl.VAT);
Couples: £146 (£175.20 incl.VAT);
Professionals: £131 (£157.20 incl.VAT)

PAC Non-Subscribing Local Authorities:

Individuals: £89 (£106.80 incl.VAT);
Couples: £167 (£200.40 incl.VAT);
Professionals: £155 (£186 incl.VAT)

Benefits of attending:

The day will provide a framework for understanding complex trauma in a non-pathologising way, as well as looking at ways of helping dissociative clients.