



Public seminar



Pre-adoption
Post-adoption
Permanency
Advice &
Counselling

Trauma triggered behaviour in Looked After and adopted children

Who should attend

Adoptive parents and other permanent carers

Social workers and other professionals working in adoption and permanency

Trainer

Helen Oakwater

Since adopting a sibling group in 1992, Helen's quest has been to understand and transform the legacy of childhood trauma. Her first book, *Bubble Wrapped Children* (2012), generated much media interest. A professional coach and trainer she incorporates NLP and business models into her work. Helen has served as a trustee of Adoption UK and as a member of the government's Adoption Task Force.

This interactive, dynamic workshop demonstrates how the legacy of maltreatment and neglect frequently prevents children from growing up 'normally' and shows why therapeutic reparenting and truth telling is essential for fostered and adopted children.

The day weaves together data on trauma, brain functioning, sensory memories, parenting strategies and child development with practical strategies and behaviour management tools. Discussions and small group exercises throughout the day ensure a 'learn by doing' experience.

Although the day is packed with information, it's not a lecture. Please bring an open mind, curiosity and a sense of humour!

Date

Wednesday
1 May 2013
10.00am – 4.30pm
Lunch will be provided

Venue

Directory of Social Change
24 Stephenson Way
London
NW1 2DP

Fees

PAC Subscribing Local Authorities:

Individuals: £78 (£93.60 incl.VAT);
Couples: £146 (£175.20 incl.VAT);
Professionals: £131 (£157.20 incl.VAT)

PAC Non-Subscribing Local Authorities:

Individuals: £89 (£106.80 incl.VAT);
Couples: £167 (£200.40 incl.VAT);
Professionals: £155 (£186 incl.VAT)

Benefits of attending:

- Leave with a clear picture of how childhood maltreatment and neglect impacts brain functioning and is outside our conscious control. This knowledge makes sense of apparently 'nonsensical' behaviour.
- Tools for transformation. Leave with several, new, simple step by step strategies to control your own reactions and calmly manage children's highly challenging, emotionally charged behaviour.
- Empower you and the child to understand how their traumatic past links to their present behaviour and influences their future life.
- A fresh perspective on contact and social media intrusions.
- A graphic model of child development and consequences of gaps.

Enrol pac.org.uk/training **Contact** training@pac.org.uk **Web** www.pac.org.uk **Tel** 020 7284 5872

PAC, 5 Torriano Mews, Torriano Avenue, London NW5 2RZ