



Parenting large sibling groups



Pre-adoption
Post-adoption
Permanency
Advice &
Counselling

Training event for social workers and other professionals working in adoption and permanency

Who should attend

Social workers and other professionals working in adoption and permanency.

Trainer

Louis Sydney is a child and adult psychotherapist and specialist adoption consultant at Adoptionplus as well as an independent trainer, clinical supervisor and consultant. He has worked with adopted or fostered children and families for over 10½ years and was a family therapist, trainer and offered consultation at Family Futures for 9½ years. He has also trained in Theraplay and Dan Hughes' Dyadic Developmental Therapy and Somatic experiencing (a body and trauma focussed approach to therapy).

The workshop will explore:

- The need to support parents with a basic understanding of attachment, trauma and neurobiology
- Talking about the 'elephant in the room' and the impact of 'imported trauma' on the family dynamics
- How the Theraplay parenting domains of structure, nurture, challenge and engagement can enable parents to consider the unique needs of each child
- The 'acting in' child and the 'acting out' child: two styles of parenting
- Parenting strategies to help with day to day routines, managing meal times and encouraging a more positive experience of play
- Strategies to deal with sibling rivalry
- Parenting counter-intuitively

Date

Tuesday
5 February 2013
10.00am – 4.30pm
Lunch will be provided

Venue

NCVO
8 All Saints Street
London N1 9RL
(near King's Cross)

Prices

PAC Subscribing Local Authorities:
Professionals: £129 (£154.80 incl.VAT)

PAC Non-Subscribing Local Authorities:
Professionals: £153 (£183.60 incl.VAT)

Benefits of attending:

By the end of the workshop, professionals will:

- Have gained an understanding of an attachment-trauma-neurobiology model of parenting
- Be more able to apply this model to the issue of placing children for adoption
- Be able to use the simple yet effective Theraplay domains of parenting as a tool for enabling parents to better understand the unique needs of their children and themselves.
- Have gained specific strategies to share with adoptive parents or foster carers to reduce sibling rivalry
- Have been provided with specific resources, recommended books and websites

Enrol pac.org.uk/training **Contact** training@pac.org.uk **Web** www.pac.org.uk **Tel** 020 7284 5872

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