



## Training day for adoptive parents and other permanent carers



Pre-adoption  
Post-adoption  
Permanency  
Advice &  
Counselling

### Parenting large sibling groups

#### Who should attend

Adoptive parents and other permanent carers.

#### Trainer

**Louis Sydney** is a child and adult psychotherapist and specialist adoption consultant at Adoptionplus as well as an independent trainer, clinical supervisor and consultant. He has worked with adopted or fostered children and families for over 10½ years and was a family therapist, trainer and offered consultation at Family Futures for 9½ years. He has also trained in Theraplay and Dan Hughes' Dyadic Developmental Therapy and Somatic experiencing (a body and trauma focussed approach to therapy).

#### The workshop will explore:

- The need to apply a basic understanding of attachment, trauma and neurobiology in one's approach to parenting
  - How the Theraplay parenting domains of structure, nurture, challenge and engagement can enable parents to consider the unique needs of each child
  - Parenting strategies to help with day to day routines, managing meal times and encouraging a more positive experience of play
  - Strategies to deal with sibling rivalry
  - Keeping the fire burning! Kindling for the couple relationship
- Time will be given to discuss specific issues and concerns.

#### Date

Tuesday  
22 January 2013  
10.00am – 4.30pm  
Lunch will be provided

#### Venue

NCVO  
8 All Saints Street  
London N1 9RL  
(near King's Cross)

#### Prices

**PAC Subscribing Local Authorities:**  
Individuals: £77 (£92.40 incl.VAT);  
Couples: £144 (£172.80 incl.VAT)

#### PAC Non-Subscribing Local Authorities:

Individuals: £88 (£105.60 incl.VAT);  
Couples: £165 (£198 incl.VAT)

#### Benefits of attending:

##### By the end of the workshop, parents will:

- Have gained understanding of an attachment-trauma-neurobiology model of parenting
- Be more able to identify the unique needs of their children (and themselves) by using the Theraplay domains of parenting
- Have gained specific strategies to manage sibling rivalry
- Have been provided with specific resources, recommended books and websites that will continue to develop parenting skills

**Enrol** [pac.org.uk/training](http://pac.org.uk/training) **Contact** [training@pac.org.uk](mailto:training@pac.org.uk) **Web** [www.pac.org.uk](http://www.pac.org.uk) **Tel** 020 7284 5872

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