## **Equality at PAC-UK**

PAC-UK is committed to providing services which are fair and equal for all. It has an ethnically and culturally diverse staff and believes in the unique value and right to respect of each individual.

PAC-UK is working in partnership with the eQuality Project to improve the support we offer to lesbian, gay, bisexual and transgender people. Our premises in Kentish Town, London are wheelchair accessible.

## Your first contact point

Advice Line

**tel.** 020 7284 5879 **email.** advice@pac-uk.org

Mon, Tues & Fri 10.00am – 4.00pm Wed & Thurs 2.00pm – 7.30pm

Education Advice Line tel. 020 7284 5879 email. advice@pac-uk.org

Wed 10am – 12noon (available to parents /carers and professionals; closed during half term and school holidays)



Map data ©2014 Google

Registered charity: 294998
Company limited by guarantee: 2040322
PAC-UK is registered with Ofsted under the Care Standards
Act 2000 as an Adoption Support Agency
.Ofsted registration: SC066981









adoption &







for all concerned, at any stage

specialist advice
counselling
therapy
and training





## PAC-UK London Office 5 Torriano Mew

5 Torriano Mews Torriano Avenue London NW5 2RZ

tel 020 7284 0555

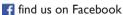
Fax 020 7482 2367

advice 020 7284 5879

email advice@pac-uk.org

web www.pac-uk.org







# advice, counselling & training

advice line tel. 020 7284 5879

In 2014 PAC (founded 1986) and After Adoption Yorkshire (founded 1994) merged to form PAC-UK, the largest independent adoption support agency in the country.

PAC-UK's vision is that all people affected by adoption and other forms of permanence are supported and enabled to live their lives to the full.

Each year PAC-UK receives around 3,000 requests for help from people affected by adoption or other forms of permanent care, as well as the professionals who support them.

## PAC-UK is for...

- adoptive families and other families with permanently placed children
- adoptive parents, prospective adoptive parents and other permanent carers
- adults adopted as children
- birth parents and relatives of adopted children, and of adults adopted as children
- professionals working with adoption and permanent care, including teachers and other education professionals
- others, including partners, who may feel our services would be of benefit to them

PAC-UK has particular expertise in working with minority ethnic children, families and adults and with transracially placed children and adults.



## PAC-UK Staff

PAC-UK's counsellors and therapists are professionally qualified in counselling/ psychotherapy, psychology and/or social work and have a wide range of experience and training in all aspects of adoption and permanent placement.

Counselling staff are supported by external professional supervisors and an administrative team.

## **PAC-UK** facilities

We organise a range of training events, seminars and support groups on-site. Please call us if you would like further information about hiring our facilities for your own events.





#### telephone advice line

for advice and information

#### one-off consultations

 initial exploration and advice on adoption, pre-adoption and other permanent placement concerns; information on PAC-UK's other services

#### assessments of

- any individual concerns or difficulties
- parenting concerns (pre- and post-placement)
- effects of early histories marked by separation/s, neglect, abuse and other traumas
- attachment, emotional and behavioural difficulties
- issues around contact with birth parents or other relatives
- future placement needs and support
- court instructed matters

#### counselling & intensive therapeutic support

- individual face-to-face counselling
- telephone/Skype counselling
- intermediary service
- parent and couple counselling
- intensive therapeutic family work
- therapeutic life story work
- early placement parenting support groups
- range of drop-in, time-limited, or one-off groups

#### education service

 range of services to help parents and education professionals support adopted/permanently placed children in school

## training & workshops

 extensive training programme offering seminars and workshops for parents, carers and professionals

## bespoke services & training

PAC-UK welcomes your requests

## Cost of PAC-UK services

For further information on our fees call the **advice line** on

## 020 7284 5879

Services can be commissioned by local authorities. Private funding is welcome too. PAC-UK is a registered charity.

In addition to income from contracts with local authorities we depend on fees, grants and donations to continue our work.

## **PAC-UK** locations

Services are available on weekdays at our main offices in London and Leeds (see map and address on the back).

Alternatively, individual adult counselling, parent consultations and professional consultations are offered on a monthly basis at venues in a number of local authority areas across London and the South East, Leeds and the North of England.