

families we work with

the children can be...

- impulsive
- uncooperative, defiant
- unable to learn from mistakes
- emotionally flat, 'unfeeling' or highly reactive
- struggling to make and keep friends
- too familiar with strangers
- confused about their identity
- causing concern in school
- troubled by their past, their adoption/other placements
- wondering about contact with their birth relatives



prior to joining their current family, they may have experienced...

- multiple placements before joining their permanent family
- painful separation from birth parents and other carers
- abuse and neglect in their first year/s
- other traumas

their parents/carers may...

- have tried many different ways to help their child
- have run out of understanding and energy
- feel isolated, frustrated, disheartened

we aim to...

- help parents and carers understand their child
- support parents with their own feelings and thoughts about their child
- equip parents and carers with effective parenting strategies
- help the child understand their adoption/permanent placement
- support the child in working through their early traumas and the after effects of these
- address issues of ethnicity and identity in the family
- prevent family breakdown

services we offer

initial consultation sessions

- parent/couple consultation
- family consultation

assessments

- comprehensive family assessment
- parent-child interaction assessment
- parent assessment
- assessment of contact needs and arrangements with birth family members
- viability assessment

Our assessments include: wide range of psycho-diagnostic tests, projective methods (such as Story Stems), Theraplay assessment (MIM), Attachment Style Interview (ASI).

therapeutic work

- intensive therapeutic family work for children with early life traumas
- intensive therapeutic parent work to enable parents to become 'therapeutic parents'
- life story work with children and their parents
- early intervention and home parenting programme
- individual sessions for adolescents or parents in the context of therapeutic family or parent work
- contact work between adoptive/permanent placement family and birth family
- disruption support work

Our therapeutic work includes: Theraplay, life story processing with art and drama, inner child work, attachment communication, EMDR, somatic experiencing, therapeutic parenting strategies.

professional consultation and court reports

- professional consultation for any professionals involved in work with adoption and other permanent placements
- court reports with regard to assessment of placement needs and future support
- advice and training for schools

bespoke services

we welcome requests for bespoke assessments, interventions and training tailored to the specific needs of local authorities, schools, and other professional agencies

our team is...

- multi-disciplinary
- multicultural and multiracial
- experienced in working with diversity



PAC also offers

- counselling for adults adopted as children
- counselling for birth family members
- groups and workshops for the various parties to adoption and permanent care
- training sessions/days for professionals and parents

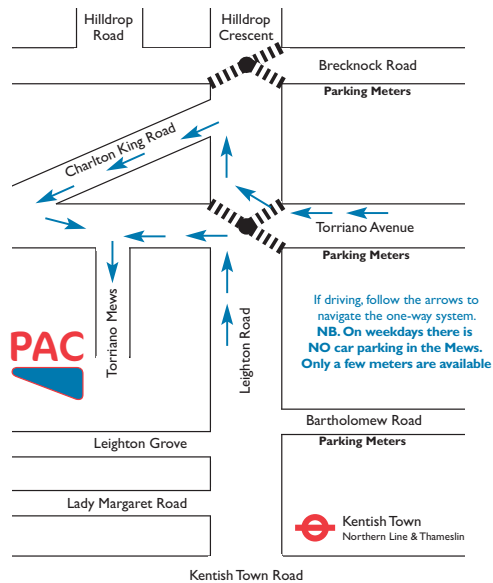
Your first contact point

Advice Line

tel. 020 7284 5879

Mon - Fri 10am - 1pm Thu 5.30pm - 7.30pm

email: advice@pac.org.uk



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5 Torriano Mews,
Torriano Avenue
London NW5 2RZ

tel: 020 7284 0555
fax: 020 7482 2367
advice: 020 7284 5879

email: advice@pac.org.uk
web: www.pac.org.uk

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