



## Training day for adoptive parents and other permanent carers



Pre-adoption  
Post-adoption  
Permanency  
Advice &  
Counselling

### Living with contact

#### Who should attend

Adoptive parents and other permanent carers.

#### Trainer

**Dr. Sally Sales** has worked in the field of adoption and adoption support for many years, including coordinating PAC's Contact & Mediation Service between 1994 and 2001. She has a particular interest and expertise in the area of open adoption and contemporary birth parent support. Her book 'The Paradoxes of Adoption' will be published by Palgrave Macmillan next year. Sally is also a psychotherapist in private practice and runs psychotherapy training in London.

Almost all contemporary adoptions now include as a minimum letterbox contact, with many encompassing visiting contact with siblings, parents or extended family members. This workshop will consider the realities of living with such forms of contact for adoptive parents and other permanent carers and address the following questions: How can these arrangements be better managed? How can children's behaviours following contact be understood and contained? When is contact too much or not enough?

This day is an opportunity for adopters and carers to openly discuss their dilemmas and difficulties with contact in a supportive environment with other parents.

#### Date

Friday  
8 February 2013  
10.00am to 4.30pm  
Lunch will be provided

#### Venue

PAC,  
5 Torriano Mews,  
Torriano Avenue,  
London NW5 2RZ

#### Fees

**PAC Subscribing Local Authorities:**  
Individuals: £77 (£92.40 incl.VAT);  
Couples: £144 (£172.80 incl.VAT)

#### PAC Non-Subscribing Local Authorities:

Individuals: £88 (£105.60 incl.VAT);  
Couples: £165 (£198 incl.VAT)

#### Delegates will:

- Gain an overview of research findings regarding benefits of contact
- Develop a better capacity to assess whether contact is helping or hindering children
- Identify strategies for managing post-contact behaviours

**Enrol** [pac.org.uk/training](http://pac.org.uk/training) **Contact** [training@pac.org.uk](mailto:training@pac.org.uk) **Web** [www.pac.org.uk](http://www.pac.org.uk) **Tel** 020 7284 5872

PAC, 5 Torriano Mews, Torriano Avenue, London NW5 2RZ